

Breathlessly

拍数: 56 墙数: 2 级数: Phrased High Beginner
编舞者: Barry Andracchio (AUS) - April 2015
音乐: Atemlos durch die Nacht - Helene Fischer : (Album: Farbenspiel - 3:37)



Sequence: □AA, BBBB**, AA, BBB* , BB* B* , B
Intro: 16 counts

PART A: (24 counts)

A[1 – 8] □ Side Shuffle to Right, Rock Recover, Side Shuffle to Left, Rock Recover

1&2,3,4 Step R to Side, bring L to right, Step R to Side, Rock back on L, Rec. onto R,
5&6,7,8 Step L to Side, bring R to Left, Step L to Side, Rock back on R, Rec. onto L.

A[9 – 16] □ Half Pivot Turn, Half Pivot Turn, Right Rocking Chair

1,2,3,4 Step R forward, turn half left onto L, Step R forward, turn half left onto L,
5,6,7,8 Rock forward on R, Recover onto L, Rock Back on R, Recover onto L.

A[17 – 24] □ “V” Steps, “V” Steps

1,2,3,4 Step R to diagonal, Step L to diagonal, Step R back to centre, Step L beside R.
5,6,7,8 Repeat above “V” Step sequence. (Arms up and sweep down to side on “V” steps)

PART B: (32 counts)

B[1 – 8] □ Weave to Right, Side Shuffle to Right, Rock Back, Recover

1,2,3,4, Step R to Side, L behind R, Step R to Side, Step L across R,
5&6,7,8 step R to Side, bring L to R, Step R to Side, Rock step L back, Recover onto R.

B[9 – 16] □ Weave to Left, Side Shuffle to Left, Rock Back, Recover

1,2,3,4 Step L to Side, R behind L, Step L to Side, Step R across L,
5&6,7,8 Step L to Side, bring R to L, Step L to Side, Rock step R back, Recover onto L.

B[17 – 24] □ Shuffle Forward, Pivot Turn, Full Turn Forward, Rock Forward, Recover

1&2,3,4 Step R fwd., step L to R, Step R fwd, Step fwd on L, Turn ½ right onto R,
5,6,7,8 Turn ½ right step L back, Turn ½ right step R fwd, Rock fwd on L, Rec. onto R.

(Alternate steps for counts 5,6, Walk forward L,R)

B[25 – 32] □ Left Coaster Step, Jazz Box Cross, Sway Hips Right, Sway Hips Left

1&2,3,4 Step L back, Step R beside L, Step L fwd, Step R across L, Step L back,
5,6,7,8 Step R to Side, Step L across R, Step R to Side (sway hips), Rec. onto L (sway hips).

Start Again – Enjoy

** Tag 1 – End of Part B Facing Front (8 counts) -

Step R forward, Step L forward, Pivot ½ onto R, Step fwd L, R, Step L forward, Pivot ½ onto R, Step L forward – Restart Part A (12.00)

* Tag 2 – End of Part B (2 counts) - Sway hips Right, Left -

Wall 11 - facing Back
Wall 13 - facing Back
Wall 14 - facing Front

Contact: barrya@nulinedance.com