

Blue (P)

拍数: 32 墙数: 0
编舞者: Linda Sansoucy (CAN) - April 2015
音乐: Blue - Derek Ryan

级数: Low Intermediate ECS Partner



Position: Side-by-Side - Intro: 3 counts

SIDE SHUFFLE, ROCK BACK, SIDE SHUFFLE, ROCK BACK

1&2 Chassé side right-left-right
3-4 Rock left back, recover to right
5&6 Chassé side left-right-left
7-8 Rock right back, recover to left

HEEL BALL STEP (TWICE), STEP FORWARD, TOUCH BEHIND RIGHT, SHUFFLE BACK

1&2 Touch right heel forward, step right together, step left forward
3&4 Touch right heel forward, step right together, step left forward
5-6 Step right forward, touch left slightly back
7&8 Chassé back left-right-left

SHUFFLE TURN ½ RIGHT, ½ TURN, STEP FWD, POINT SIDE, STEP FORWARD, SIDE POINT Release left hands and lift right hands. Man passes under upraised hands, then lady passes under

1&2 Chassé back right-left-right turning ½ right
3-4 Step left forward, turn ½ right (weight to right)
5-6 Step left forward, touch right side
7-8 Step right forward, touch left side

JAZZ BOX, SCUFF, SHUFFLE FORWARD, SHUFFLE FORWARD

1-2 Cross left over, step right back
3-4 Step left side, scuff right forward
5&6 Chassé forward right-left-right
7&8 Chassé forward left-right-left

REPEAT
