

Love Is Alive (P)

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 0 级数: Intermediate Social Partner
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音乐: Stumblin' In by Markus Meier & Tania Kernaghan



Position: Facing partner. Man facing OLOD. Lady facing ILOD. Hands joined
Intro: 16 counts

S1 : BACK ROCK, SHUFFLE TURN ¼ LEFT, ROCK STEP FORWARD, SHUFFLE TURN ½ RIGHT

1-2 MAN: Cross/rock right behind, recover to left

1-2 LADY: Cross/rock left over, recover to right

Release both hands

3&4 MAN: Chassé side right-left-right turning ¼ left (LOD)

3&4 LADY: Chassé side left-right-left turning ¼ left (RLOD)

Man's left hand and lady's left hand are raised, palm to palm

5-6-7&8 MAN: Rock left back, recover to right, chassé forward left-right-left turning ½ right (RLOD)

5-6-7&8 LADY: Rock right forward, recover to left, chassé back right-left-right turning ½ right (LOD)

Man's right hand and lady's right are palm to palm

S2 : BACK ROCK, SHUFFLE TURN ½ LEFT, BACK ROCK, SHUFFLE FORWARD

1-2 MAN: Rock right back, recover to left

1-2 LADY: Rock left forward, recover to right

Join left hands, which pass over lady's head as she turns

3&4 MAN: Chassé forward right-left-right turning ¼ left (OLOD)

3&4 LADY: Chassé back left-right-left turning ½ left (RLOD)

5-6 MAN: Turn ¼ left and rock left back, recover to right (LOD)

5-6 LADY: Turn ½ left and rock right back, recover to left (LOD)

Rejoin both hands in Side-By-Side Position

7&8 MAN: Chassé forward left-right-left

7&8 LADY: Chassé forward right-left-right

S3 : WALK, WALK, SHUFFLE FORWARD, STEP ¼ TURN, STEP ¼ TURN, SHUFFLE FORWARD

Release left hands. Raise right hands and lady turns under raised right hands

1-2 MAN: Step right forward, step left forward

1-2 LADY: Turn ½ right and step left back, turn ½ right and step right forward

3&4 MAN: Chassé forward right-left-right

3&4 LADY: Chassé forward left-right-left

Release the right hands. Take left hands low past hips, then up as man passes under raised left hands

5-6 MAN: Step left forward, turn ¼ right and step right forward (OLOD)

5-6 LADY: Turn ¼ left and step right forward (crossing in front of man), turn ¼ left and step left forward (RLOD)

Lady is now on inside of circle. Man on outside

7&8 MAN: Turn ¼ right and chassé forward left-right-left (RLOD)

7&8 LADY: Chassé forward right-left-right

Left hands joined in front

S4 : ROCK STEP FORWARD, SHUFFLE TURN ½ RIGHT, WALK, WALK, SHUFFLE FORWARD

1-2 MAN: Rock right forward, recover to left

1-2 LADY: Rock left forward, recover to right

Raise left hands. Lady passes under raised left hands

3&4 MAN: Chassé back right-left-right turning ½ right (LOD)

3&4 LADY: Chassé back left-right-left turning ½ left (LOD)

5-6 MAN: Step left forward, step right forward

5-6 LADY: Turn $\frac{1}{2}$ left and step right back, turn $\frac{1}{2}$ left and step left forward

Rejoin hands in Left Side-By-Side Position

7&8 MAN: Chassé forward left-right-left

7&8 LADY: Chassé forward right-left-right

S5 : ROCK STEP FORWARD, SHUFFLE TURN $\frac{1}{2}$ RIGHT, $\frac{1}{2}$ TURN, SHUFFLE FORWARD

1-2 MAN: Rock right forward, recover to left

1-2 LADY: Rock left forward, recover to right

Release both hands

3&4 MAN: Chassé back right-left-right turning $\frac{1}{2}$ right (RLOD)

3&4 LADY: Chassé back left-right-left turning $\frac{1}{2}$ left (RLOD)

5-6 MAN: Step left forward, turn $\frac{1}{2}$ right (weight to right) (LOD)

5-6 LADY: Step right forward, turn $\frac{1}{2}$ left (weight to left) (LOD)

Rejoin inside hands

7&8 MAN: Chassé forward left-right-left

7&8 LADY: Chassé forward right-left-right

S6 : ROCK STEP FORWARD, COASTER STEP, WALK, WALK, SHUFFLE FORWARD, ROCK RIGHT

1-2-3&4 MAN: Rock right forward, recover to left, right coaster step

1-2-3&4 LADY: Rock left forward, recover to right, left coaster step

Lady moves slightly forward of man on coaster step

Raise joined hands. Lady will turn under raised hands

5 MAN: Step left diagonally forward (crossing behind lady)

5 LADY: Turn $\frac{1}{2}$ left and step right back

Release man's left hand from lady's right hand. Join man's right hand with lady's left hand in front, then raise it for lady to turn under

6 MAN: Step right forward

6 LADY: Turn $\frac{1}{2}$ left and step left forward

7&8 MAN: Chassé forward left-right-left

7&8 LADY: Chassé forward right-left-right (moving to right side of man)

Man has now returned to inside of circle, lady to outside. Inside hands are joined low

S7 : ROCK STEP FORWARD, SHUFFLE TURN $\frac{1}{2}$ RIGHT, ROCK STEP FORWARD, SHUFFLE TURN $\frac{1}{2}$ LEFT

1-2 MAN: Rock right forward, recover to left

1-2 LADY: Rock left forward, recover to right

3&4 MAN: Chassé back right-left-right turning $\frac{1}{2}$ right

3&4 LADY: Chassé back left-right-left turning $\frac{1}{2}$ left

As you face partner during chassé back, release hands and join the opposite hands. Now facing RLOD with inside hands joined

5-6 MAN: Rock left forward, recover to right

5-6 LADY: Rock right forward, recover to left

7&8 MAN: Chassé back left-right-left turning $\frac{1}{2}$ left

7&8 LADY: Chassé back right-left-right turning $\frac{1}{2}$ right

As you face partner during chassé back, release hands and join the opposite hands. Now facing LOD with inside hands joined

S8 : $\frac{1}{2}$ TURN, SHUFFLE TURN $\frac{1}{4}$ LEFT, BACK ROCK, SIDE SHUFFLE

Release hands

1-2 MAN: Step right forward, turn $\frac{1}{2}$ left (weight to left) (RLOD)

1-2 LADY: Step left forward, turn $\frac{1}{2}$ right (weight to right) (RLOD)

3&4 MAN: Turn $\frac{1}{4}$ left and chassé side right-left-right (OLOD)

Lady: turn $\frac{1}{4}$ right and chassé side left-right-left (ILOD)

Partners are now face-to-face. Rejoin both hands

5-6 MAN: Cross/rock left behind, recover to right

5-6 LADY: Cross/rock right behind, recover to left

7&8

MAN: Chassé side left-right-left

7&8

LADY: Chassé side right-left-right
