

# Oh, No!

拍数: 32      墙数: 4      级数: Improver  
编舞者: Michael Metzger (USA) - March 2015  
音乐: Oh No! - Marina and The Diamonds



## [1-8] Side Step, Slide Together, Cross Rock Behind, Recover, ¼ Turn and Step Back, Syncopated ½ Turn, ¼ Turn Scissor Step

1, 2      Large step R to right, Slide L together (keeping weight on R)  
3&4      Cross rock L behind R, Recover to R, Turn ¼ right and step L back (3:00)  
5&6      Turn ¼ right and step R to side (6:00), Step L together, Turn ¼ right and step R forward (9:00)  
7&8      Step L forward, Pivot ¼ right and shift weight to R (12:00), Cross L over R

## [9-16] Hip Bump, Hip Bump, Kick Ball Cross, Kick Ball Change, ½ Pivot

1&2&      Point R to side and bump hips to right, Bump hips back, Bend knees slightly to lower your body and bump hips right, Bump hips back and lift R  
3&4      Kick R on right diagonal, Step ball of R together, Cross L over R  
5&6      Kick R on right diagonal, Step ball of R together, Step L forward  
7, 8      Step R forward, Pivot ½ left and shift weight to L (6:00)

## [17-24] ¼ Turn and Point, ¼ Turn and Step Down, ½ Turn and Point, Step Down, Touch Forward, Touch Back, Kick Ball Cross

1, 2      Turn ¼ left and point R to side (3:00), Turn ¼ left and take weight on R (12:00)  
3, 4      Turn ½ left and point L forward (6:00), Take weight on L  
5, 6      Touch R forward, Touch R back  
7&8      Kick R forward, Step ball of R together, Cross L over R

## [25-32] Point Side, Point Forward, Point Side, Cross Behind, Point Side, ¼ Turn and Step Side, Step Together, Cross Behind, Step Side, Cross

1, 2      Point R to right, Point R forward  
3&4      Point R to right, Cross R behind L, Point L to side  
5, 6      Turn ¼ right and step L to side (9:00), Step R together  
7&8      Cross L behind R, Step R to side, Cross L over R

## Tag: At the end of wall 8 - Sway side to side four times

1, 2      Rock onto R and sway hips to right, Rock onto L and sway hips to left  
3, 4      Rock onto R and sway hips to right, Rock onto L and sway hips to left

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