

Shut Up And Dance

COPPER KNOB
BY STEPHEN HETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - March 2015
音乐: Shut Up and Dance - WALK THE MOON



****Thank you to Michael McKenzie for suggesting the song ****

Start after 8 count intro – 3mins 17secs – 128bpm

[1-8] □ R fwd shuffle, L fwd, ½ R pivot turn, L fwd, ½ L stepping R back, walk back 2

1&2 Step R forward, step L together, step R forward
3-4 Step L forward, pivot ½ right (6 o'clock)
5-6 Step L forward (extended 5th), turning ½ left step R back (12 o'clock)
7-8 Step L back, step R back

ENDING: Final wall will start facing front and dance first 8 counts to bring you to front wall. Touch L heel forward, HOLD. Ta Da the end!

[9-16] □ L heel fwd, hold, L together, R heel fwd, hold, R together, R back, weave 2, L sailor step

1-2& Touch L heel forward, hold, step L together
3-4& Touch R heel forward, hold, step R back
5-6 Cross step L over R, step R side
7&8 Cross step L behind R, step R side, step L side

[17-24] □ R touch back, ½ R unwind, R weave 2, L touch back, ¾ L unwind, walk fwd 2

1-2 Touch R back, unwind ½ right stepping down on R (6 o'clock)
3-4 Cross step L over R, step R side
5-6 Touch L behind, unwind ¾ left stepping down on L (9 o'clock)
7-8 Step R forward, step L forward

WALL 6 RESTART: During wall 6 which starts facing front wall you will dance the first 24 counts and Restart the dance facing left side wall.

[25-32] □ R & L apart, knee pops R-L-R, R ball cross, R side, L behind-side-cross

&1-2 Step R apart, step L apart, pop R knee in
3-4& Pop L knee in, pop R knee in, step R back
5-6 Cross step L over R, step R side
7&8 Cross step L behind R, step R side, cross step L over R

[33-40] □ R side, hold, L together, R side, L together, ¼ R fwd, L touch, L back, R touch

1-2& Step R side, hold, step L together
3-4 Step R side, step L together
5-8 Turning ¼ right step R forward, touch L together, step L back, touch R together (12 o'clock)

WALL 3 RESTART: During wall 3 which starts facing back wall you will dance the first 40 counts and Restart the dance facing back wall.

[41-48] □ R kick ball change, R fwd, L side point, L fwd shuffle, R fwd, ¼ L pivot turn

1&2 Kick R forward, step R together, step L together
3-4 Step R forward, point L side
5&6 Step L forward, step R together, step L forward
7-8 Step R forward, pivot ¼ left (9 o'clock)

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