

Northern Lights Funk

COPPERKNOB
STEPSHEETS

拍数: 0 墙数: 1 级数: Phrased Intermediate
编舞者: Judy MacLean (CAN) - February 2015
音乐: Uptown Funk - Mark Ronson / Bruno Mars



Sequence A-B-C-D-E-TAG1-A minus-B-C-D-E-A-F-B-TAG2-E-Ending
Intro: 32 count

****Special thanks to Barb Robertson and H el ene Lang for taking an afternoon to help tweak this dance and learn the choreography.**

PART A

A[1-8] □ WALK FORWARD, KICK, WALK BACK, TOUCH

1-4 Step right, step left, step right, kick left (moving forward)
5-8 Step back left, step back right, step back left, touch right

A[9-16] □ VINE RIGHT, VINE LEFT OR FULL TURN LEFT

1-4 Step right to side, cross left behind right, step right to right side, touch □□left
5-8 Full turn – Step left fwd ¼ turn to left, step right to right side ¼ turn to left, step back left ¼ to left, touch right next to left ¼ turn to left (facing 12:00)

PART B

B[1-8] □ LOCK STEP, SHUFFLE STEP RIGHT, LOCK STEP SHUFFLE STEP LEFT

1-2 Step right diagonally forward, lock left behind
3&4 Shuffle diagonally forward right, left, right
5-6 Step left diagonally forward, lock right behind
7&8 Shuffle diagonally forward left, right, left

B[9-16] □ ROCK RIGHT FORWARD, RECOVER, ½ SHUFFLE TURN (RIGHT), ROCK □ LEFT FORWARD, RECOVER, ½ SHUFFLE TURN (LEFT)

1-2 Rock right forward, recover on left
3&4 Turn ½ right, shuffle right, left, right
5-6 Rock left forward, recover on right
7&8 Turn ½ left, shuffle left, right, left

PART C (pre-chorus)

C[1- 32] □ MONTEREY STEP TURNING ¼ RIGHT, JAZZ BOX IN PLACE (Repeat On 4 Walls - Ending Facing 12:00) (shoulder shimmy)

1-2 Touch right toe to right side, on left foot make ¼ turn over your right shoulder, and step right together
3-4 Touch left toe out to the side, step left foot next to right
5-8 Cross right over left, step back on left, step right to right, step left together
(for a little more fun, you can add fan movement to the lyrics "I'm too hot")

PART D (chorus)

D[1-8] □ POINT TOE FORWARD, SIDE, SAILOR STEP (RIGHT AND LEFT)

1-2 Point right toe front, point right toe to right side
3&4 Step right behind left, step left, step right next to left
5-6 Point left toe front, point left toe to left side
7&8 Step left behind right, step right, step left

D[9-12] □ SYNCOPATED TOE AND HEEL STEPS

1&2& Touch right toe to side, step right down, touch left toe to side, step left down
3&4 Touch right heel forward, step right down, step left next to right

D[13-20] □ PADDLE STEP ½ TURNING LEFT, PADDLE STEP ½ TURN RIGHT

With right arm in the air do arm pump to the beat

- 1& Keeping weight on left, turn 1/8 left pointing right to side
- 2& Keeping weight on left, turn 1/8 left pointing right to side
- 3& Keeping weight on left, turn 1/8 left pointing right to side
- 4 Keeping weight on left, turn 1/8 left step on right (facing 6:00)

With left arm in the air do arm pump to the beat

- 5& Keeping weight on right, turn 1/8 right pointing left to side
- 6& Keeping weight on right, turn 1/8 right pointing left to side
- 7& Keeping weight on right, turn 1/8 right pointing left to side
- 8 Keeping weight on right, turn 1/8 right step on left (facing 12:00)

D[21-28] □ 2X WALKS FORWARD, MAMBO STEP FORWARD, 2X WALKS BACK, MAMBO STEP BACK

- 1-2 Walks forward right, left
- 3&4 Rock right forward, recover to left, step right together
- 5-6 Step left back, step right back
- 7&8 Rock left back, recover to right, step left together

D[29-32] JAZZ BOX IN PLACE

- 1-4 Cross right over left, step back on left, step right to right, step left together

PART E

E[1-32] □ TEMPTATION STEP TURNING ¼ LEFT (Repeat On 4 Walls - Ending facing 12:00)

(This section is done with Motown arm movements)

On slight right diagonal

- 1-2 Step right forward, step left together
- 3-4 Step right forward, touch left together

On slight left diagonal

- 5-6 Turn ¼ left step left forward, step right together
- 7-8 Step left forward, touch right together

E[33-40] □ VINE RIGHT AND LEFT

- 1-4 Step right side, cross left behind, step right side, touch left
- 5-8 Step left to side, cross right behind left, step left to side, touch right

E[41-48] □ WALK BACK, HEEL, WALK FORWARD STOMP/TOUCH

- 1-4 Step back right, step back left, step back right, touch left heel forward
- 5-8 Walk forward left, right, left, stomp right / touch right

(Stomp the 1st time only)

TAG 1: □

- 1-4 Raise hand in air like stopping someone, then pause 3 beats

PART A (minus)

A-[1-8] □ WALK FORWARD, KICK, WALK BACK, TOUCH

- 1-4 Step right, step left, step right, kick left (moving forward)
- 5-8 Step back left, step back right, step back left, touch right

A-[9-12] □ JAZZ BOX IN PLACE

- 1-4 Cross right over left, step back on left, step right to right, step left together

PART F

F[1-32] □ OUT, OUT, IN, IN, CROSS HEEL, CROSS HEEL WITH A ¼ TURN LEFT

(repeat on 4 walls - ending facing 12:00)

- 1-2 Step right to side, step left to side

- 3-4 Step right to center, step left to center
5&6& Cross right over left, step left back at slight angle, touch right heel forward, step right together
7&8& Cross left over right, step right back with ¼ turn left at slight angle, touch left heel, step left together

TAG 2□

T2[1-8]□MOVING FORWARD 2 HIPS RIGHT, 2 HIPS LEFT, 2 HIPS RIGHT, 2 HIPS LEFT

- 1-2 Step right toe forward and hip right, lower right heel and hip right
3-4 Step left toe forward and hip left lower left heel and hip left
5-6 Step right toe forward and hip right, lower right heel and hip right
7-8 Step left toe forward and hip left lower left heel and hip left

T2[9-16]□2 JAZZ BOX IN PLACE

- 1-4 Cross right over left, step back on left, step right to right, step left together
5-8 Cross right over left, step back on left, step right to right, step left together

ENDING (Repeat on 4 walls - ending facing 12:00)

[1-8]□WALK FORWARD, KICK, WALK BACK, TOUCH

- 1-4 Step right, step left, step right, kick left (moving forward)
5-8 Step back right, step back left, step back right, touch left

[9-16] VINE RIGHT, VINE LEFT ¼ TURN

- 1-4 Step right to side, cross left behind right, step right to right side, touch left
5-8 Step left to side, cross right behind left, turn ¼ left onto left, touch right

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