

拍数: 32 墙数: 4 级数: High Intermediate

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音乐: BO\$\$ - Fifth Harmony: (Album: Reflection)



#15 count intro to start on the strong drum beat two beats before the lyrics.

Seems when the song was edited, the first beat was lost.

Start counting with 2 on the first beat you hear and count to 16 or listen for the first high pitched "woo" that happens on the & before count one, then 8 counts to start.

Sequence: Intro - 32 count dance -16 count tag - 32 count dance - 32 count dance - 16 count tag - 32 count dance - 32 count dance - counts 1-16 of dance - 16 count tag - 32 count dance - counts 1-16 of dance -Ending.

[1-8] 1/2 RIGHT, 1/4 RIGHT, 1/4 RUN RUN RUN, 1/2 TURNING JAZZ STEP, FULL TURN TRIPLE

1-2	1) Turning ¼ right, step R forward; 2) Turning ¼ right, step L forward [6:00]
1-4	- 17 Tullilla 74 Hall. Sieb IX folward. 27 Tullilla 74 Hall. Sieb E folward fo.ooi

- 3&4 3&4) Turn ¼ right taking three small steps forward R-L-R [9:00]
- 5&6 5) Step L across R; &) Turning ¼ left, step R back [6:00]; 6) Turning ¼ left, step L forward
 - [3:00]
- 7&8 7) Turning ½ left, step R back; &) Turning ½ left, step L forward; 8) Step R forward [3:00]

[9-16] 1/4 CROSS, ROCK, RECOVER, CROSS, 1/4 RIGHT, 1/4 RIGHT, CROSS, 1/4 RIGHT, 1/4 ROCK. RECOVER, CROSS

&1-2	&) Turning 1/4 left, ste	ep L across R: 1)	Taking a larger ster	rock R to right	pushina hip to riaht:

2) Recover to L [12:00]

3&4 3) Step R across L; &) Turning 1/4 right, step back on L; 4) Turning 1/4 right, step R to right

[6:00]

5-6 5) Step L across R; 6) Turning 1/4 right, step R forward [9:00]

7) Turning ¼ right, rock L to left; &) Recover to R; 8) Step L across R [12:00] 7&8

[17-24] BALL, WALK, WALK, MAMBO, ½ RIGHT, FORWARD, FULL TURN TRIPLE

&1-2	&) Step ball of R to right; 1) Step L forward in front of R; 2) Step R forward

3&4 3) Rock L forward; &) Recover to R; 4) Step L back

5-6 5) Turning ½ right, step R forward [6:00]; 6) Step L forward prepping for left turn

7) Turning ½ left, step R back; &) Turning ½ left, step L forward; 8) Step R forward [6:00] 7&8

[25-32] FWD, TOUCH LOOK, ½ CROSS, ROCK, RCVR, CROSS, ROCK, RCVR, CROSS, FWD, ¾ SPIRAL

&) Step L forward: 1) With knees slightly bent, touch ball of R crossed behind L as you look &1 and torque body left

2 2) Turning ½ right on the spot, step R across L [12:00]

3&4 3) Rock L to left; &) Recover to R; 4) Step L forward/across R (moving forward) 5&6

5) Rock R to right; &) Recover to L; 6) Step R forward/across L (moving forward)

7) Step L forward; 8) Turn 3/4 right on the spot on L foot as you let R spiral around L

(weight on L, R crossed in front of L) [9:00]

Tag: The Tag will occur 3 times. 1st and 3rd times will occur facing the original 9 O'clock wall, the 2nd time will occur facing the original 3 O'clock wall.

The Tag is 16 counts. You will do counts 1-8 below twice.

[1-8] ROCK, RECOVER, BEHIND, SIDE, SIDE, BEHIND, SIDE, CROSS, LIFT, 1/4 SIT, 1/4 LEFT. TUCK

1&2& 1) Rock R to right; &) Recover to L; 2) Step R behind L; &) Step L to left

3&4& 3) Step R to right; &) Step L behind R; 4) Step R to right; &) Step L across R

5) Step ball of R to right lifting R hip; 6) Turn 1/4 left on R and go into a sit as you lower R heel 5-6

7-8 7) Turning 1/4 left, step L to left; 8) Tuck R knee in toward L knee as you look left (R toe

touching beside L with R heel lifted)

[9-16] REPEAT 1-8

Ending: You will be facing the back wall on count 16. Do the steps below on &-17 (&) Turning ½ right, step R forward; (1) Point L toe to left, finishing facing the original 12 O'clock wall.

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