Honey I'm Good

拍数: 48

级数: Improver / Intermediate

编舞者: Rachel Parsons - March 2015

音乐: Honey, I'm Good - Andy Grammer

No Tags No Restarts

S1: KICK BALL STEP, KICK BALL STEP, RIGHT DOROTHY STEP, LEFT DOROTHY STEP

- 1&2-Kick right forward, Step back in place with right, Step forward on left
- 3&4-Kick right forward, Step back in place with right, Step forward on left
- Step right foot forward to the diagonal, lock left foot behind lead foot, step right foot forward to 56&the diagonal (on &)
- 78&-Step left foot forward to the diagonal, lock right foot behind lead foot, step left foot forward to the diagonal (on &)

S2: ROCK, RECOVER, FULL TURN, STEP BACK R,L, COASTER STEP

- 1-2-Rock right forward, recover weight on left
- 3-4-Step back on right while 1/2 turn to the right, Step forward on left while 1/2 turn to the right
- 5-6-Step back right, step back left
- Step the right foot back, step the left foot beside the right (on &), step the right foot forward 7&8-

S3: 1/4 TURN LEFT, SIDE POINT RIGHT, SIDE POINT LEFT, HEEL GRIND WITH 1/4 TURN LEFT

- 1-4-1/4 turn left with hip bumps/sways (end with weight on left)
- 5&6&-Point right toe out to right side, Bring right back together, Point left toe to left side, Bring left back together
- 7-8-Right heel forward, 1/4 turn left while pivot on left while moving right heel in a arc

S4: SIDE SHUFFLE, ROCK BACK, RECOVER, SIDE SHUFFLE, ROCK BACK, RECOVER

- Step the right foot to the right side, step the left foot beside the right (on the & count) and 1&2then step the right foot in the same direction again
- 3-4-Rock back on left foot, Recover weight on right foot
- Step the left foot to the left side, step the right foot beside the left (on the & count) and then 5&6step the left foot in the same direction again
- 7-8-Rock back on right foot, recover weight on left foot

S5: HEEL, HOLD, & STEP, HOLD - HEEL, HOLD & STEP, HOLD

- 1 2&3 4-Right heel forward, hold, step down on right (&), Step left forward, Hold
- 5 6&7 8-Right heel forward, hold, step down on right (&), Step left forward, Hold

S6: ROCKING CHAIR, 1/2 TURN, 1/2 TURN

- 1-2-Rock forward on right, Recover weight on left
- 3-4-Rock back on right, Recover weight on left
- 5-8-Step forward on the right foot, Half turn to the left, Step forward on the right foot, Half turn to the left.

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墙数:2