

Love Equals Nothing (愛, 什麼都不是) (zh)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Alan Haywood (UK) & Ross Brown (ENG) - 2009年02月
音乐: If Love Equals Nothing - Will Young : (CD: Let It Go)



前奏: 22 seconds intro, start on heavy beat

第一段 L Over Twinkle, R Over Weave 左華士步, 右藤步

- 1-3 Cross step left over right. step right beside left. step left in place
左足於右足前交叉踏, 右足併踏, 左足踏
- 4-6 Cross step right over left, step left to left side, cross step right behind left 右足於左足前交叉踏,
左足左踏, 右足於左足後交叉踏

第二段 L ¼ L, Sweep R 2 Counts, R Over, L Back, R Side 左1/4, 右2拍繞, 交叉 後側

- 1-3 Step left ¼ left, sweep right out and around over left over 2 counts [9 o'clock] 左轉90度左足踏,
右足以2拍繞至左足前
- 4-6 Cross step right over left, step left back, step right to right side
右足於左足前交叉踏, 左足後踏, 右足右踏

第三段 Lunge Fwd Onto L (Diag), Hold 2 Counts, R Back, L Back, ½ R 前曲膝, 候2拍, 後後轉

- 1-3 Lunge forward onto left slightly diagonally right, hold for 2 counts
左足右斜前曲膝踏, 候2拍
- 4-6 Step back onto right, step back left, make ½ right stepping right forward – square up - [3 o'clock]
右足後踏, 左足後踏, 右轉180度右足前踏(轉正面向3點鐘)

第四段 Rock Fwd L, Recover R, L Back, R Back, Drag L To It, Touch Over 2 Counts 下沉 回復 後後 拖併 點

- 1-3 Rock forward onto left, recover back onto right, step left back
左足前下沉, 右足回復, 左足後踏
- 4-6 Large step right back, drag left to it and touch in front of right toe over 2 counts 右足後一大步, 左
足以2拍拖併至右足趾前點

第五段 Basic ½ L, R Back, Side Rock ¼ L 踏轉踏, 後1/4下沉 回復

- 1-3 Step forward onto left, make ½ left stepping right in place, step left in place 左足前踏, 左轉180度
右足踏, 左足踏
- 4-6 Step right back, make ¼ left rocking left to left side, recover onto right [6 o'clock]
右足後踏, 左轉90度左足左下沉, 右足回復(面向6點鐘)

第六段 L Behind, R Side, L Diagonal, Large Diagonal Step, Hitch ¼ L 後旁斜前, 併抬轉1/4

- 1-3 Cross step left behind right, step right to side, step left forward to right diagonal 左足於右足後交
叉踏, 右足右踏, 左足於右斜角前踏
- 4-6 Step right forward a large to right diagonal sliding left together, gently hitch left knee up, make ¼
left sweeping hitched knee around [3 o'clock] 右足併踏, 左膝抬, 左轉90度(面向3點鐘)

第七段 **¼ L, ½ L, L Side, R Over Twinkle 1/4 1/2 側, 右華士步**

- 1-3 Make ¼ left stepping left forward, make ½ left stepping right back, step left to side - [6 o'clock]
左轉90度左足前踏, 左轉180度右足後踏, 左足左踏(面向6點鐘)
- 4-6 Cross step right over left, step left beside right, step right in place
右足於左足前交叉踏, 左足併踏, 右足踏

第八段 **L Over, Full Unwind R Over 2 Counts, R Cross, Sway L, Sway R**
交叉, 2拍轉圈, 交叉, 左擺臀, 右擺臀

- 1-3 Cross step left over right, unwind a full turn right over two counts [6 o'clock] 左足於右足前交叉踏,
以2拍右轉圈(面向6點鐘)
- 4-6 Cross step right over left, step left to side swaying left, sway to right (weight ends on right)
右足於左足前交叉踏, 左足左踏左擺臀, 右擺臀(重心在右足)
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