

Mea Culpa

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - February 2015
音乐: Mea Culpa – Catarina Pereira



Start after 36 counts approx. 16 secs into song.

She sings "Always You", come in on the word 'you' – [123 bpm – 2mins 58 secs - Available – Amazon]

[1-8] □ R fwd diagonal: R fwd, L tog, R fwd shuffle, L fwd rock & recover, 3/8 L shuffle

1-2 On right diagonal step R forward, step L together
3&4 Step R forward, step L together, step R forward
5-6 Rock L forward, recover weight on R
7&8 Turning 3/8 left step L forward, step R together, step L forward (9 o'clock)

[9-16] □ ½ L shuffle, ½ L shuffle, R fwd rock & recover, R coaster cross

1&2 Turning ½ left step R back, step L together, step R back
3&4 Turning ½ left step L forward, step R together, step L forward (9 o'clock)
5-6 Rock R forward, recover weight on L
7&8 Step R back, step L together, cross step R over L

[17-24] □ L step touch, R ball cross side, L behind-side-cross, R step touch

1-2 Step L side, touch R together
&3-4 Step R back, cross step L over R, step R side
5&6 Cross step L behind R, step R side, cross step L over R
7-8 Step R side, touch L together

[25-32] □ L ball cross side, ¼ R toaster, L fwd, ¼ R pivot turn, L fwd, ¼ R pivot turn

&1-2 Step L back, cross step R over L, step L side
3&4 Turning ¼ right step R back, step L together, step R forward (12 o'clock)
5-8 Step L forward, pivot ¼ right, step L forward, pivot ¼ right (6 o'clock)

[33-40] □ L Dorothy step, ½ L pivot turn, R Dorothy step, ½ R pivot turn

1-2& Step L forward, lock R behind, step L forward
3-4 Step R forward, pivot ½ left (12 o'clock)
5-6& Step R forward, lock L behind, step R forward
7-8 Step L forward, pivot ½ right (6 o'clock)

[41-48] □ L side, R sailor point, R back, L cross step, ½ hinge cross

1-2& Step L side, step R behind, step L side
3-4 Touch R fwd on right diagonal angling body to diagonal, step R back
5-8 Cross step L over R, turning ¼ left step R back, turning ¼ left step L side, cross step R over L (12 o'clock)

[49-56] □ L side, R sailor point, R back, L cross step, ¼ L, ½ L shuffle

1-2& Step L side, step R behind, step L side
3-4 Touch R fwd on right diagonal angling body to diagonal, step R back
5-6 Cross step L over, turning ¼ left step R back (9 o'clock)
7&8 Turning ½ left step L forward, step R together, step L forward (3 o'clock)

[57-64] □ R fwd rock & recover, ¼ R shuffle, 1/8 R & L fwd rock & recover, L coaster step

1-2 Rock R forward, recover weight on L
3&4 Turning ¼ right step R side, step L together, step R side
5-6 Turning 1/8 right to right diagonal rock L forward, recover weight on R

7&8 Step L back, step R together, step L forward (or full left turning triple feels good)

Tag: End of wall 4 facing front right diagonal:

1-4 Walk fwd R, L, step R forward, pivot ½ left to face back right diagonal

ENDING at end of wall 5 facing front: Step forward R, step L together, step R forward – strike a pose!

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