

Mary, Mary

COPPERKNOB
BY STEPHEN

拍数: 48 墙数: 4 级数:
编舞者: Gordon Elliott (AUS) - February 2015
音乐: Mary - Zac Brown Band : (Album: The Foundation)



This dance is done in FOUR directions. Introduction : On Vocals. Original Position: Feet Together Weight On The Left Foot.

S1: SIDE SHUFFLE, BACK, ROCK, 1/4 SHUFFLE BACK, 1/2 SHUFFLE FORWARD

1 & 2 Side Shuffle To The Right Step : R-L-R,
3, 4 Step L Back, Rock Forward Onto R,
5 & 6 Turn 90deg Right Shuffle Back Step : L-R-L,
7 & 8 Turn 180deg Right Shuffle Forward Step : R-L-R.

S2: 1/4 SIDE SHUFFLE, BACK, ROCK, KICK BALL CROSS, KICK BALL CROSS

1 & 2 Turn 90deg Right Side Shuffle To The Left Step : L-R-L,
3, 4 Step R Back, Rock Forward Onto L,
5 & 6 Kick R Forward At 45deg Right, Step R Back, Step L Across In Front Of R,
7&8 Kick R Forward At 45deg Right, Step R Back, Step L Across In Front Of R. ##

S3: SIDE, ROCK, SAILOR STEP, 1/4 TURN SAILOR, PIVOT TURN

1, 2 Step R To The Side, Side Rock Onto L,
3 & 4 Sailor : Step R Behind Left, Step L To The Side, Step R To The Side,
5 & 6 Turn 90deg Left Step L Behind Right, Step R To The Side, Step L To The Side
7, 8 Pivot : Step R Forward, Turn 180deg Left Take Weight Onto L. **

S4: FORWARD, ROCK, SHUFFLE BACK, COASTER STEP, FORWARD, FORWARD

1, 2 Step R Forward, Rock Back Onto L,
3 & 4 Shuffle Back Step : R-L-R,
5 & 6 Coaster : Step L Back, Step R Together, Step L Forward,
7, 8 Step R Forward, Step L Forward.

S5: VAUDEVILLE & VAUDEVILLE & PADDLE TURN, PADDLE TURN

1 & Step R Across In Front Of Left, Step L To The Side,
2 & Touch R Heel Forward At 45deg Right, Step R Back,
3 & Step L Across In Front Of Right, Step R To The Side,
4 & Touch L Heel Forward At 45deg Left, Step L Back, ^
5, 6 Paddle : Step R Forward, Turn 90deg Left Take Weight Onto L,
7, 8 Paddle : Step R Forward, Turn 90deg Left Take Weight Onto L.

S6: ROCKING CHAIR, JAZZ BOX CROSS

1, 2 Rocking Chair : Step R Forward, Rock Back Onto L,
3, 4 Step R Back, Rock Forward Onto L,
5, 6 Jazz Box : Step R Across In Front Of Left, Step L Back,
7, 8 Step R To The Side, Step L Across In Front Of Right.

[48]□REPEAT THE DANCE IN NEW DIRECTION

RESTART : On WALL 5 dance to BEAT 16 DEG ##) then add the following & RESTART to FRONT.

1, 2, 3, 4 Step R Forward, Rock Back Onto L, Step R Back, Rock Forward Onto L.

HOLD : On WALL 8 dance to BEAT 24 DEG **) HOLD FOR 4 BEATS & CONTINUE the dance until BEAT 36 & DEG ^) THEN TURN TO THE FRONT & STOMP THEN CLAP.

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