8 Story Walkup



编舞者: Charlotte Skeeters (USA) - March 2015

音乐: 8 Story Walkup - Chris Mann : (Album: Chris Mann-EP - iTunes)



Start: After 32 counts

Rhythm: 1-2-3-4&5-6-7-8&1

Restart: ☐ Explained at bottom... Easy!

Section #1 [1-9]: Side, Cross, Recover, 1/4 turn Shuffle, Forward, Forward (or two 1/2 turns), 1/4 turn Scissors:

1-2-3 Right side right; Left cross over right; Right recover

4 & 5 Turn 1/4 left as you step forward left; Right step next to left; Left forward

6-7 Right forward; Left forward

Optional turn for above: 6-7: Turn 1/2 left stepping back onto Right; Turn 1/2 left stepping forward Left

8&-1 Turn 1/4 left as you step side right; Left next to right(&); Right cross over left□ (6:00)

Section #2 [10-17]: 1/4 turn, 1/4 turn, Cross, &, Cross, Side, Recover, Behind, Side, Cross:

2-3 Turn 1/4 right as you step back on left; Turn 1/4 right as you step side right

4 & 5 Left cross over right; Right side right(&); Left cross over right

6-7 Right side right; Recover Left

8&-1 Right behind left; Left side left and slightly back(&) Right cross over left (12:00)

Section #3 [18-25]: Sway left, Sway right, 1/4 Turning sailor, Forward, 1/2 Pivot, 1/2 turning Shuffle:

2-3 Left step side left and Sway; Recover weight to Right and Sway

4 & 5 Turn 1/4 left as you step back onto left; Recover weight to Right(&); Left step forward

6-7 Right forward; Pivot 1/2 left (change weight to left)

8&-1 Right forward into 1/4 turn left; Left next to right; Right step back into 1/4 turn left (9:00)

*Restart happens here after above 8& (one time only)... explained at bottom!

Section #4 [26-32]: Back, Back, Coaster, Forward, 1/2 Pivot, Side, Together:

2 – 3 Left back; Right back;

4 & 5 Left back; Right next to left(&); Left forward (coaster)

6 – 7 Right forward; Pivot 1/2 turn left (as you change weight to left, flick right foot behind left)

8& Right side; Left together (3:00)

BEGIN AGAIN!

RESTART: On Wall 4 (starting 9:00), dance the first 3 Sections through count 24& (you're at 9:00 again) (Don't do count 25 – you've omitted the last 1/4 turn) - Start dance from beginning

*Special thanks to: Evelyn Khinoo, Michele Burton, Michael Barr for their contributions, suggestions and for forcing me to stay within the Easy Intermediate level!

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