

Lucky Old Sun (希望朝陽) (zh)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Kim Ray (UK) - 2009年11月
音乐: That Lucky Old Sun - Kenny Chesney & Willie Nelson



前奏: 16 counts from first beat, on vocal (app. 7 secs into track). Start with weight on L foot

第一段 Syncopated Weaves, Cross Shuffle, Rock Back/Recover 變奏藤步, 交叉交換, 後下沉 回復

- 1&2 Cross right over left, step left to left side, cross right behind left 右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏
- &3&4 Sweep left out and behind right, cross left behind right, step right to right side, cross left over right 左足繞至右足後, 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏
- &5 Sweep right out and in front of left, cross right over left 右足繞至左足前, 右足於左足前交叉踏
- 6&7 Step left to left side, cross right over left, large step left to left side 左足左踏, 右足於左足前交叉踏, 左足左一大步
- 8& Rock back on right, recover left 右足後下沉, 左足回復

第二段 Walks Forward, Pivot ½ Turn, Full Turn, Walks Forward, Rock Forward/Recover, Side Together 走走, 踏轉, 轉轉, 走走, 下沉回復, 右踏 併踏

- 1-2 Step forward on right, step forward on left 右足前踏, 左足前踏
- 3& Step forward on right, ½ pivot turn left 右足前踏, 左轉180度
- 4& ½ turn left stepping back on right, ½ turn left stepping forward on left 左轉180度右足後踏, 左轉180度左足前踏
- 5-6 Step forward on right, step forward on left 右足前踏, 左足前踏
- 7& Rock forward on right, recover on left 右足前下沉, 左足回復
- 8& Step right to right side, step left next to right 右足右踏, 左足併踏

第三段 Side Step Right, Rock Back/Recover, Side Step Left, Rock Back/Recover, ¼ Turn Sway, Side Rock & Cross X2 右踏 後下沉回復, 左踏 後下沉回復, 1/4擺臀, 側下沉 回復 交叉二次

- 1-2& Side step right, rock back on left, recover on right 右足右踏, 左足後下沉, 右足回復
- 3-4& Side step left, rock back on right, recover on left 左足左踏, 右足後下沉, 左足回復
- 5-6& ¼ turn left and sway out side right, rock side left, small step slightly back on right 左轉90度右推臀, 左足左下沉, 右足略後踏
- 7 Cross left over right 左足於右足前交叉下沉
- 8&1 Side rock right, recover on left, cross right over left 右足右下沉, 左足回復, 右足於左足前交叉踏

第四段 Full Turn Right, Rock Back/Recover Side Step X2, Cross Behind Step Side Left 右轉圈, 後下沉 回復 側踏二次, 後交叉 側踏

- 2&3 ¼ turn right stepping back on left, ½ turn right stepping forward on right, ¼ turn right side stepping left 右轉90度左足後踏, 右轉180度右足前踏, 右轉90度左足左踏

- 4&5 Rock back on right, recover on left, side step right
右足後下沉, 左足回復, 右足右踏
- 6&7 Rock back on left, recover on right, side step left as you start to sweep right foot out and back
左足後下沉, 右足回復, 左足左踏右足由前繞至後
- 8& Cross right behind left, step side left
右足於左足後交叉踏, 左足左踏
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