

La Rose Cha (aka Somebody)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Jonno Liberman (USA) - March 2015
音乐: Somebody (feat. Jeremih) - Natalie La Rose



Dance begins after 8 counts - No Tags - No Restarts

[1-8] Cross, Step Back, Triple Left, Cross-Rock, Recover, Side-Rock, Recover, Cross, Unwind, Hitch (6:00)

1, 2 Cross L over R, Step R back
3&4 Step L left, Step R next to L, Step L to left
5&6& Cross R over L, Recover weight onto L, Step R to right side, Recover weight onto L
7, 8& Cross R over L, Unwind 1/2 turn to left with weight finishing on L (6:00), Hitch R

[9-16] Cross, Step Back, Triple Right, Cross, Step Back 2x, Coaster Cross (9:00)

1, 2 Cross R over L, Step L back,
3&4 Step R to right, Step L next to R, Step R to right
5, 6, 7 Cross L over R, Step R back, Step L back
8&1 Step R back, Step L next to R as you turn 1/4 right, Cross R over L (9:00)

[17-24] Side, Cross Shuffle, Side-Rock, Recover 1/4 Right, Triple Step Turn (12:00)

2 Step L to left
3&4 Cross R over L, Step L to left, Cross R over L
5, 6 Step L to left (prep body for a clockwise turn), Step R to right as you turn 1/4 right (12:00)
7&8 Turn 1/2 to right as you step onto L (6:00), Turn 1/2 right as you Step onto R (12:00), Step L forward

[25-32] Front-Rock Recover, 1/4 Ball, Side-Rock Recover, 1/4 Ball, Back-Rock Recover, 1/4 Cross, Side-Rock Recover (9:00)

1, 2& Step R forward, Recover weight onto L, Step onto Ball of R as you turn 1/4 to left (9:00)
3, 4& Step L to left, Recover onto R, Step onto Ball of L as you turn 1/4 to left (6:00)
5, 6 Step R back, Recover weight forward onto L
7, 8& Cross R over L as you turn 1/4 right, Rock L to left, Recover weight onto R

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