

Lights of LA

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lynn Card (USA) - March 2015
音乐: Dance With Me - Kelly Clarkson



#16 Count Intro

(1-8) Kick Ball Cross, Sweep Right, ½ Jazz Box Turn Right, Step Left, Touch Right Behind

1&2,3,4 Kick R forward (1), Ball step R next to L (&), Recover L crossed over R but slight forward (2), Sweep R around from back to front on the right (3), Recover to R crossed over L (4)
5,6,7,8 Step L back (5), Make ¼ turn to right stepping R to right side (6), Make ¼ turn to right Stepping L to left side (7), Touch R toe behind L (8)

(at the end of this set of 8 you are facing 6 o'clock) □

(9-16) Step Right, Touch Left Behind, Step Left ½ Turn, Step R ½ Turn, Triple Forward, Rock Recover

1,2,3,4 Step R to right (1), Touch L toe behind R (2), Make ¼ turn to left stepping L forward (3), Make ½ turn to left stepping R back (4)
5&6,7,8 Make ½ turn to left stepping L forward (5), Step R next to L (&), Step L forward (6), Rock R forward (7), Recover back on L (8)

(at the end of this set of 8 your are facing 3 o'clock)

(17-24) Traveling Back with Ball Step Heel & Body Roll x 2, Coaster Step, Pivot to Right (just shy of ½ turn)

&1,2,&3,4 Ball step R back (&), Ball step L back (1), Put L heel down taking weight (2), Ball step R back (&), Ball step L back (3), Put L heel down taking weight (4)

Start Body Roll as you Ball Step Right back, Roll back as you Ball Step Left, and finish Body roll as you put the weight on your L heel. First body roll is &1,2 – Second body roll is &3,4

5&6, 7,8 Step R back (5), Step L back next to R (&), Step R forward (6), Step L forward (7), Pivot □ almost a ½ turn to right stepping R forward facing the diagonal (about 8 o'clock) (8)

(25-32) Cross, Right Knee Lift and Cross, Left Knee Lift and Cross, Step Right, Behind, Side, ¼ Turn

1,2,,3,4 Cross L over R (1), Square up out of diagonal as you lift R knee up and across your body □ (2), Step down on R crossing over L (3), Lift L knee up and across body (8)
5,6,7&8 Cross L over R (5), Step R to right (6), Cross L behind R (7), Make ¼ turn to right stepping R forward (&), Step L forward (8)

TAG: 16 Counts, After Wall 5, Starts and ends facing 9 o'clock

T[1-8] Step, Sweep, Step, Sweep, ½ Turn Jazz Box to Right, Repeat

1,2,3,4 Step R forward (1), Sweep L around on the left side from back to front (2), Take weight on your left as your sweep crosses your L over your R (3), Sweep R around on the right side from back to front (4)
5,6,7,8 Take weight on your R as your sweep crosses your R over your L, this is the start of your ½ turn jazz box (5), Turn ¼ turn to right as you step back on your L (6), Turn ¼ turn to your right as you step R to the side (7), Step L forward (8)

T[9 – 16] □ □ Repeat 1-8

Ending, on the last rotation, instead of making the ¼ turn to the right on count 32, just cross L over R on count 32 and stay facing your home wall for the ending.

Contact - lynncard28@gmail.com