

Canadian Boots

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Mercè ORRIOLS (ES) - December 2014
音乐: Good Boots - Rob Russell : (CD: Turnin' Heads)



Start dancing on lyrics

Sec. 1 - STEP OUT-OUT, STEP R BACK, CROSS L, STEP R SIDE, TOUCH L TOGETHER, KICK L, STOMP L FWD

1-2 Step right side, step left side (out-out)
3-4 Step right back, cross left over right
5-6 Step right side, touch left together
7-8 Kick left forward, stomp left forward

Sec. 2 - SWIVEL HEELS TWICE, ROCK L, RECOVER, CROSS, SCUFF

9-10 Swivel heels left, return to center
11-12 Swivel heels left, return to center
13-14 Rock left side, recover to right
15-16 Cross left over right, scuff right forward

Sec. 3 - STEP, SCUFF, STEP, SCUFF, ROCK R FWD, RECOVER, TOE STRUT RBACK

17-18 Step right forward, scuff left forward
19-20 Step left forward, scuff right forward
21-22 Rock right forward, recover to left
23-24 Touch right toe back, drop right heel

Sec. 4 - TURN ½ L & ROCK STEP, TURN ½ & STEP L & KICK R, HOOK R, STEP, LOCK, STEP (DIAGONALLY FORWARD), SCUFF

25-26 Turn ½ left and rock left forward, recover to right (6:00)
27-28 Turn ½ left and step left & kick right forward, hook right over left (12:00)
29-30 Step right diagonally forward, lock left behind
31-32 Step right diagonally forward, scuff left forward

Sec. 5 - STOMP L, R, R, HOOK L (&SLAP), STEP, HOOK R (&SLAP), ROCK R BACK, RECOVER

33-34 Stomp left side, stomp right together
35-36 Stomp right side, hook left behind (optionally slap left heel with right hand)
37-38 Step left side, hook right behind (optionally slap right foot with left hand)
39-40 Rock right back, recover to left

Sec. 6 - GRAPEVINE R with ¼ TURN R, STEP L, ¼ TURN R, STEP L FWD, HOLD

41-42 Step right side, cross left behind
43-44 Turn ¼ right and step right forward, scuff left forward (3:00)
45-46 Step left forward, turn ¼ right (weight to right) (6:00)
47-48 Step left forward, hold

Sec. 7 - TOE STRUTS WITH ½ TURN LEFT (R&L) , ROCK R SIDE, STOMP UP (R) TWICE

49-50 Touch right toe forward, turn ½ left and drop right heel (12:00)
51-52 Touch left toe back, turn ½ left and drop left heel (6:00)
53-54 Rock right side, recover to left
55-56 Stomp up right together (twice)

*Restart here on wall 7 (6:00)

Sec. 8 - GRAPEVINE RIGHT & LEFT

57-58 Step right side, cross left behind
59-60 Step right side, scuff left forward
61-62 Step left side, cross right behind
63-64 Step left side, scuff right forward

REPEAT

TAG: At the end of wall 3 (6:00) repeat the last section (57-64) grapevine R & L (8 counts)

Restart: On wall 7 (instrumental) dance to count 56 and Start again (6:00)

Contact: countrymerce@gmail.com
