

Like A Drum

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - February 2015
音乐: Like a Drum (The Chainsmokers Remix) - Guy Sebastian



Start after 2 counts he is going to sing "Sometimes I" - Start on the word 'I' - [126 bpm - 3mins 16secs]

[1-8] □ R side rock/recover, R ball step fwd, R kick ball step, R fwd, L fwd rock/recover

1-2&3 Rock R side, recover weight on L, step R together, step L forward
4&5 Kick R forward, step R together, step L forward
6-8 Step R forward, rock L forward, recover weight on R

[9-16] □ ¼ L side, hold, R together, ¼ L & L fwd, R side, L sailor, R sailor

1-2& Turning ¼ left step L side, hold, step R together (9 o'clock)
3-4 Turning ¼ left step L forward, step R side (6 o'clock)
5&6 Cross step L behind R, step L side, step R side
7&8 Cross step R behind L, step R side, step L side

[17-24] □ L cross rock & recover, ¼ L shuffle, ¾ L turn left, R cross shuffle

1-2 Cross rock L over R, recover weight on R
3&4 Step L side, step R together, turning ¼ left step L forward (3 o'clock)
5-6 Turning ½ left step R back, turning ¼ left step L side (6 o'clock)
7&8 Cross step R over L, step L side, cross step R over L

[25-32] □ L side rock/recover, L behind-side-cross, R & L toe switches, R heel fwd, R together, L toe back

1-2 Rock L side, recover weight on R
3&4 Cross step L behind R, step R side, cross step L over R
5&6& Touch R toes side, step R together, touch L toes side, step L together
7&8 Touch R heel forward, step R together, touch L toe behind R

[33-40] □ L ball step & walk fwd R & L, R fwd, ¼ L pivot, R cross step, ¾ R turn, L fwd shuffle

&1-2 Step L back, step R forward, step L forward
3&4 Step R forward, pivot ¼ left, cross step R over L (3 o'clock)
5-6 Turning ¼ right step L back, turning ½ right step R forward (12 o'clock)
7&8 Step L forward, step R together, step L forward

[41-48] □ R fwd rock/recover, R together, L heel fwd, hold, L back, R fwd, ¼ L pivot, R cross shuffle

1-2 Rock R forward, recover weight on L
&3-4 Step R together, touch L heel forward, hold
&5-6 Step L back, step R forward, pivot ¼ left (9 o'clock)
7&8 Cross step R over L, step L side, cross step R over L

[49-56] □ L side rock/recover, L coaster, R fwd, ½ L pivot turn, R fwd shuffle

1-2 Rock L side, recover weight on R
3&4 Step L back, step R together, step L forward
5-6 Step R forward, pivot ½ left (3 o'clock)
7&8 Step R forward, step L together, step R forward

[57-64] □ L fwd, ¼ R syncopated Monterey, R side touch, R back, L fwd rock/recover, L coaster

1-2&3 Step L forward, touch R side, turning ¼ right step R together, touch L side (6 o'clock)
&4& Step L together, touch R side, step R back
5-6 Rock L forward, recover weight on R

7&8

Step L back, step R together, step L forward

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