Let's Lay Low

拍数: 32   **墙数:** 4   **级数:** High Beginner

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音乐: Lay Low - Josh Turner

#32 CT intro/Start on Vocals

ROCK BACK, DIAGNAL ROCK, BEHIND STEP, SIDE STEP, FORWARD STEP, SCUFF LEFT

1 - 2	Rock back right, recover left
3 - 4	Diagonally Rock right to right, recover left
5 - 6	Right step behind left, side step left to left
7 - 8	Step right forward, scuff left forward [12:00]

JAZZ BOX, STEP LEFT, TURN 1/4 RIGHT, CROSS SHUFFLE

1 - 2	Cross left over right, step left back
3 - 4	Step left to side, step slightly forward on right
5 - 6	Step forward left, 1/4 turn right
7&8	Step Left over right & cross shuffle, Left Right Left [3:00]

Restart: After 16 counts restart on 4th wall [6:00]

SIDE ROCK, DIAGNAL FORWARD CROSS SHUFFLE X2

1 - 2	Right side rock, recover on left
3&4	Left Diagonal [1:00] moving forward, place right over left & Cross Shuffle, Right Left Right
5 - 6	Left side rock, recover on right
7&8	Right Diagonal [5:00] moving forward, place left over right & Cross Shuffle, Left Right Left

FORWARD ROCK, 1/2 TURN SHUFFLE RIGHT, FORWARD ROCK, SHUFFLE BACK

1 - 2	Rock step forward right, Recover Left [3:00]
3&4	Right 1/2 turn shuffle, right left right
5 - 6	Rock left forward, Recover on right
7&8	Left Shuffle backwards, left right left [9:00]

REPEAT

Restart: After 16 counts on 4th wall (After the Cross Shuffle on 2nd section 7&8) [6:00]

Tag: At the end of wall 9 facing [3:00] after the shuffle back – Add a rocking chair

1 - 2	Right Rock back, recover on left
3 - 4	Right Rock forward, recover on left

Enjoy and Keep Dancing!

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Last Site Update – 3rd Dec. 2015