

Malaika

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner - Rumba
编舞者: Steve Rosario (CAN) - February 2015
音乐: Malaika - Mombasa Roots : (Album: Lele Mama)



Start on lyrics

Section 1: RUMBA BOX FORWARD & BACK

1-4 Step L to left, close R next to left, step L forward and Hold.
5-8 Step R to right, close L next to right, step R back and Hold.

Section 2: SIDE ROCK AND CROSS, SIDE ROCK AND TURN ¼ LEFT

1-4 Rock L to left, recover on R, cross L over right and Hold.
5-8 Rock R to right, Turn ¼ left, stepping on L (facing 9 o'clock), Step forward R and Hold.

Section 3: STEP LEFT, PIVOT FULL TURN RIGHT, STEP RIGHT, PIVOT FULL TURN LEFT.

1-4 Step on L forward, pivot full turn right stepping forward R, (still facing 9 o'clock) Step forward on L and Hold
5-8 Step R forward, pivot left full turn stepping on L, forward on R and hold. (facing 9 o'clock)
(OPTION, INSTEAD OF TURNING, □□□□□□□□
1-4 Step forward on L, forward on R, forward on L, Hold.
5-8 Walk forward on R, L, R, Hold.)

Section 4: MAMBO FORWARD AND SIDE SWAY□

1-4 Rock forward on L, recover on R, rock back on L, Hold.
5-8 Step on R sway hips right, step on L sway hips left, step on R and sway hips right and Hold.

Repeat□

No Tag, No Restart

This dance is dedicated to Tia Malaika

Contacts: dancinggoan214@gmail.com□□□□