

The Way We Were

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Intermediate / Advanced
编舞者: Ben Heggy (USA) - October 2014
音乐: The Way We Were - Barbra Streisand : (Album: The Way We Were - 3:30)



Start: □ On lyrics, 36 counts, approx 33 sec.

S1 (1-8) NC2 basic; Quarter; Quarter; Quarter lunge; Recover; Cross; Quarter; Back rock, Recover;

- 1-2& (1)Long step to the right; (2)Rock left close to right heel; (&)Recover while crossing right slightly over left;
3-4 (3)Turn ¼ right and step left back; [3:00] (4)Turn ¼ right and step right forward; [6:00]
5-6& (5)Turn ¼ right and lunge left diagonally out and back left; [9:00] (6)Recover to right;
(&)Cross left over right;
7&8& (7)Turn ¼ left and step right back; [6:00] (&)Step left back; (8)Rock back on right; (&)Recover weight to left, prep for turn;

S2 (9-16) Half w/sweep; Behind; 1/8 left; Forward rock; Recover; Quarter; Cross; Quarter; Quarter; Cross; Quarter; Quarter; (Reverses)

- 1-2& (1)Turn ½ left stepping right back, sweeping left from front to back [12:00] (2)Step right behind left; (&)Turn 1/8 right and step right forward; [1:30]
3-4& (3)Rock forward onto left; (4)Recover weight to right; (&)Turn ¼ left and step left to the side; [10:30]
5-6& (5)Cross right over left; (6)Turn ¼ right and step left back; [1:30] (&)Turn ¼ right and step right to the side; [4:30]
7-8& (7)Cross left over right; (8)Turn ¼ left and step right back; [1:30] (&)Turn ¼ left and step left to the side; [10:30]

S3 (17-24) Cross; Quarter; Side w/ 1/8; Weave right; Cross rock; Recover; Quarter; Step; Pivot ½; Step; Pivot ½;

- 1-2& (1)Cross right over left; (2)Turn ¼ right and step left back; [1:30] (&)Turn 1/8 right and step right to the side; [3:00]
3&4& (3)Cross left over right; (&)Step right to the side; (4)Cross left behind right; (&)Step right to the side;
5-6& (5)Cross rock left over right; (6)Recover weight to right; (&)Turn ¼ left, stepping left forward; [12:00]
7&8& (7)Step right forward; (&)Turn ½ left, weight to left; [6:00] (8)Step right forward; (&)Turn ½ left, weight to left; [12:00]

S4 (25-32) Cross; Back; Side; (Jazz triangle) Cross; Back Side; Cross; (Jazz box) Side rock; Recover; Forward; Rock forward; Recover; Back; Half; (continue turning ¼ more into count 1)

- 1-2& (1)Cross right over left; (2)Step left back; (&)Step right to the side;
3&4& (3)Cross left over right; (&)Step right back; (4)Small step left to the side; (&)Cross right over left;
5-6& (5)Rock left to the side; (6)Recover weight to right; (&)Step left forward;
7&8& (7)Rock forward on right; (&)Recover weight to left; (8)Step right back; (&)Turn ½ left and step left forward [6:00],

Continue turning a further quarter turn left as you begin the dance again facing 3:00.

Repeat

Tag 1: At the end of wall 3, you will be facing original 9:00 wall, dance this tag.

T1 (1-2) Sway Right; Sway Left;

- 1-2 Sway out onto right; Sway back onto left;

Tag 2: At the end of wall 5, you will be facing original 3:00 wall, dance this tag.

T2 (1-12) Sway right; Sway left; Hold for 4; 2 NC2 basics;

1-4 (1)Sway right; (2)Sway left; (3)Hold; (4)Hold;;

5-6 (5)Hold; (6)Hold; Start dancing again when you hear "were"

1-2& (1)Long step to the right; (2)Rock left close to right heel; (&)Recover while crossing right slightly over left;

3-4& (3)Long step to the left; (4)Rock right close to left heel; (&)Recover while crossing left slightly over right;

Ending: On wall 6, you will dance up through count 19, Sweep right making a half turn left to face front, big step right and drag left.

Please do not alter this step sheet in any way. If you would like to use it on your website please make sure that it is in its original format and include all attribution and contact details © 2014 Ben Heggy (benster@djbenster.com)
