

The Way We Were

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Intermediate / Advanced
编舞者: Ben Heggy (USA) - October 2014
音乐: The Way We Were - Barbra Streisand : (Album: The Way We Were - 3:30)



Start: On lyrics, 36 counts, approx 33 sec.

S1 (1-8) NC2 basic; Quarter; Quarter; Quarter lunge; Recover; Cross; Quarter; Back rock, Recover;

- 1-2& (1) Long step to the right; (2) Rock left close to right heel; (&) Recover while crossing right slightly over left;
- 3-4 (3) Turn ¼ right and step left back; [3:00] (4) Turn ¼ right and step right forward; [6:00]
- 5-6& (5) Turn ¼ right and lunge left diagonally out and back left; [9:00] (6) Recover to right; (&) Cross left over right;
- 7&8& (7) Turn ¼ left and step right back; [6:00] (&) Step left back; (8) Rock back on right; (&) Recover weight to left, prep for turn;

S2 (9-16) Half w/sweep; Behind; 1/8 left; Forward rock; Recover; Quarter; Cross; Quarter; Quarter; Cross; Quarter; Quarter; (Reverses)

- 1-2& (1) Turn ½ left stepping right back, sweeping left from front to back [12:00] (2) Step right behind left; (&) Turn 1/8 right and step right forward; [1:30]
- 3-4& (3) Rock forward onto left; (4) Recover weight to right; (&) Turn ¼ left and step left to the side; [10:30]
- 5-6& (5) Cross right over left; (6) Turn ¼ right and step left back; [1:30] (&) Turn ¼ right and step right to the side; [4:30]
- 7-8& (7) Cross left over right; (8) Turn ¼ left and step right back; [1:30] (&) Turn ¼ left and step left to the side; [10:30]

S3 (17-24) Cross; Quarter; Side w/ 1/8; Weave right; Cross rock; Recover; Quarter; Step; Pivot ½; Step; Pivot ½;

- 1-2& (1) Cross right over left; (2) Turn ¼ right and step left back; [1:30] (&) Turn 1/8 right and step right to the side; [3:00]
- 3&4& (3) Cross left over right; (&) Step right to the side; (4) Cross left behind right; (&) Step right to the side;
- 5-6& (5) Cross rock left over right; (6) Recover weight to right; (&) Turn ¼ left, stepping left forward; [12:00]
- 7&8& (7) Step right forward; (&) Turn ½ left, weight to left; [6:00] (8) Step right forward; (&) Turn ½ left, weight to left; [12:00]

S4 (25-32) Cross; Back; Side; (Jazz triangle) Cross; Back Side; Cross; (Jazz box) Side rock; Recover; Forward; Rock forward; Recover; Back; Half; (continue turning ¼ more into count 1)

- 1-2& (1) Cross right over left; (2) Step left back; (&) Step right to the side;
- 3&4& (3) Cross left over right; (&) Step right back; (4) Small step left to the side; (&) Cross right over left;
- 5-6& (5) Rock left to the side; (6) Recover weight to right; (&) Step left forward;
- 7&8& (7) Rock forward on right; (&) Recover weight to left; (8) Step right back; (&) Turn ½ left and step left forward [6:00],

Continue turning a further quarter turn left as you begin the dance again facing 3:00.

Repeat

Tag 1: At the end of wall 3, you will be facing original 9:00 wall, dance this tag.

T1 (1-2) Sway Right; Sway Left;

- 1-2 Sway out onto right; Sway back onto left;

Tag 2: At the end of wall 5, you will be facing original 3:00 wall, dance this tag.

T2 (1-12) Sway right; Sway left; Hold for 4; 2 NC2 basics;

1-4 (1)Sway right; (2)Sway left; (3)Hold; (4)Hold;;

5-6 (5)Hold; (6)Hold; Start dancing again when you hear "were"

1-2& (1)Long step to the right; (2)Rock left close to right heel; (&)Recover while crossing right slightly over left;

3-4& (3)Long step to the left; (4)Rock right close to left heel; (&)Recover while crossing left slightly over right;

Ending: On wall 6, you will dance up through count 19, Sweep right making a half turn left to face front, big step right and drag left.

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