

Shadows

拍数: 64 墙数: 1 级数: Intermediate
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音乐: Shadows In the Moonlight - Anne Murray : (iTunes)



#8-count introduction

S1: Cross, rock, side-shuffle, cross, rock, side, tog, 1/4R

1,2,3&4 Step L into R diag, rock onto R, straightening to front side-shuffle L - L,R,L
5,6 Step R into L diag, rock onto L,
7&8 Straightening to front step R to R side, step L beside R, turning 1/4 turn R step R fwd

S2: Step, pivot 3/4R, side, back, cross, step, tap, back, hold

1,2, 3&4 Step fwd L, pivot 3/4 turn R, step L to L side, step slightly back R, cross L over R
5,6,7,8 Facing R diag: Step fwd R, tap L toe behind R, * step back L, hold

S3: Coaster step, step fwd, rock, back, hold, tog, back, rock

1&2,3,4 Facing R diag: Step back R, step L beside R, step fwd R, step fwd L, rock onto R
5,6,&7,8 Step back L, hold, step R beside L, step back L, rock onto R

S4: Step, pivot 1/8R, cross, 1/4L, side, cross, 1/4R, 1/4R

1,2 Facing R diag: Step fwd L, pivot 1/8 turn R straightening to 3.00
3,4 Cross L over R, turning 1/4 turn L step back R
5,6 Step L to L side, cross R over L
7,8 Turning 1/4 turn R step back L, turning 1/4R turn R step R to R side

S5: Step, rock, shuffle back, back, rock, shuffle fwd

1,2,3&4 Step fwd L, rock onto R, shuffle back L,R,L
5,6,7&8 Step back R, rock onto L, shuffle fwd R,L,R

S6: Cross, back, back, cross, back, back, rock, step

1,2,3,4 Cross L over R, step back R, step back L, cross R over L
5,6,7,8 Step back L, step back R, rock fwd onto L, step fwd R

S7: Step, rock, coaster step, side, touch, 1/4R, tap

1,2,3&4 Step fwd L, rock onto R, step back L, step R beside L, step fwd L
5,6,7,8 Step R to R side, touch L beside R, turning 1/4 turn R step back L, tap R toe in front of L

S8: Walk, walk, 1/4R, cross, side, behind, side-shuffle

1,2,3,4 Step fwd R, step fwd L, pivot 1/4 turn R, cross L over R
5,6,7&8 Step R to R side, cross L behind R, side-shuffle R - R,L,R

Ending: Dance the first 14 counts * then straightening to front step L to L side, drag R toward L

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