

Happy Hour (歡樂時光) (zh)

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Shaz Walton (UK) - 2009年11月
音乐: Happy Hour - Cheryl



前奏 : Count in: 32 counts. On Vocals

- 第一段** **Kick. Step. Touch. Step back. Coaster step. Out. Out. Sailor ¼ left.**
踢, 踏, 點, 後踏, 海岸步, 外, 外, 1/4水手
- 1&2-3 Kick right foot forward. Step right beside left. Touch left slightly back. Step left back. 右足前踢, 右足併踏, 左足略後點, 左足後踏
- 4&5 Step back right. Step back left. Step forward right.
右足後踏, 左足後踏, 右足前踏
- 6-7 Step left to left diagonal. Step right to right diagonal.
左足左斜角前踏, 右足右斜角前踏
- 8&1 Cross step left behind right making ¼ left. Step right to right, step left to left. 左轉90度左足於右足後交叉踏, 右足右踏, 左足左踏
- 第二段** **Cross. Side rock. Recover. Step. Side rock. Recover. Step. Side. Cross ½. Step.** 交叉, 側下沉 回復, 踏, 側下沉 回復, 踏 側, 交叉 1/2 踏
- 2 Cross step right over left. 右足於左足前交叉踏
- 3-4& Rock left to left. Recover on right. Step left beside right.
左足左下沉, 右足回復, 左足併踏
- 5-6 Rock right to right. Recover on left. 右足右下沉, 左足回復
- &7-8& Step right beside left. Step left to left side. Cross right over left. Make ½ turn left stepping left beside left.
右足併踏, 左足左踏, 右足於左足前交叉踏, 左轉180度左足併踏
- 第三段** **Dorothy step. Diagonal. Touch. Side rock. ¼ step. Walk. Walk.**
桃樂蒂步, 斜角, 點, 側下沉, 1/4 踏, 走走
- 1-2& Step right to right diagonal. Lock left behind right. Step right to right diagonal. 右足右斜角踏, 左足於右足後踏, 右足右斜角踏
- 3-4 Step left to left diagonal. Touch right beside left.
左足左斜角踏, 右足併點
- 5-6& Rock right to right. Recover on left making ¼ left. Step right beside left. 右足右下沉, 左足回復左轉90度, 右足併踏
- 7-8 Walk forward left. Walk forward right. 左足前走, 右足前走
- 第四段** **Sailor ½ left. Step. Lock. Step. step. Sailor ¼ right.**
左1/2轉水手, 踏, 鎖, 踏, 踏, 右1/4轉水手
- 1&2 Sailor ½ turn left. 左180度轉水手步
- 3-6 Step right slightly to right diagonal. Lock left behind right. Step right slightly to right diagonal. Step left slightly to left diagonal 右足右斜角踏, 左足於右足後鎖踏, 右足右斜角踏, 左足略左斜角踏
- 7&8 Cross step right behind left making ¼ right. Step left to left. Make a large step to right.
右轉90度右足於左足後交叉踏, 左足左踏, 右足右一大步
- 第五段** **Together. Touch. Touch out. Drag. Step point. ¼ point. Back. Back.**
併, 點, 點外, 拖, 踏 點, 1/4 點, 後後

- 1-3 Step left beside right. Touch right beside left. Touch right to right side. 左足併踏, 右足併點, 右足右點
- 4&5 Drag right up to left. Step right beside left. Touch left to left side. 右足拖併, 右足併踏, 左足左點
- 6 Make $\frac{1}{4}$ left keeping weight on right & left toes touched forward.
左轉90度重心在右足左足趾前點
- 7-8 Walk back left. Walk back right. 左足後走, 右足後走

第六段 $\frac{1}{4}$ Ball cross. $\frac{1}{2}$ unwind. Rock back. Recover. Touch. $\frac{1}{4}$ Bounce x3 (knee pops) $\frac{1}{4}$ 併交叉, $\frac{1}{2}$ 繞轉, 後下沉 回復, 點, $\frac{1}{4}$ 彈跳三次(膝彈)

- &1 Step left to left making $\frac{1}{4}$ left. Cross right over left.
左轉90度左足左踏, 右足於左足前交叉踏
- 2-3 Unwind $\frac{1}{2}$ turn left (weight right) rock back on left.
左繞轉180度(重心在右足), 左足後下沉
- 4-5 Recover on right. Touch left foot forward.
右足回復, 左足前點
- 6-8 Making $\frac{1}{4}$ right bounce 3 times. (Or pop knees) (Weight must end on left) 以彈跳(或膝彈)三次右轉90度(結束重心在左足)

第七段 Rock back. Recover. Kick. Ball cross. Back. Side. Touch. Hold.
後下沉 回復, 踢, 併交叉, 後, 側, 點, 候

- 1-2 Rock back right. Recover on left. 右足後下沉, 左足回復
- 3&4 Kick right to right diagonal. Step right beside left. Cross step left over right. 右足右斜角踢, 右足併踏, 左足於右足前交叉踏
- 5-6 Step back right. Step left to left. 右足後踏, 左足左踏
- 7-8 Touch right forward, (bending both knees) Hold.
右足前點(雙膝彎曲), 候

第八段 Ball Step. Pivot $\frac{1}{4}$. Cross. $\frac{1}{4}$. Triple $\frac{1}{2}$.
併踏, 轉 $\frac{1}{4}$, 交叉, $\frac{1}{4}$, 小三步轉 $\frac{1}{2}$

- &1 Step right beside left. Step forward left. 右足併踏, 左足前踏
- 2-4 Make $\frac{1}{8}$ turn right. Step left forward. Make $\frac{1}{8}$ turn right (Or Hip rolls) 右轉45度, 左足前踏, 右轉45度(或轉臀)
- 5-6 Cross step left over right. Make $\frac{1}{4}$ left stepping back right.
左足於右足前交叉踏, 左轉90度右足後踏
- 7&8 step left to left making $\frac{1}{4}$ left. Step right beside left. Make $\frac{1}{4}$ left stepping left forward.
左足左踏左轉90度, 右足併踏, 左轉90度左足前踏
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