

Apple Jack SB

拍数: 32 墙数: 4 级数: Novice - Samba
编舞者: Jenny Memmel (DE) - January 2015
音乐: Apple Jack (Samba / 50 Bpm) - Ballroom Orchestra & Singers : (Album:
Dancelife's Best: Hay-Fever)



½ turn Traveling Volta (2x) ("Cross Chassee"), ¾ Circular left Volta`s

a1a2 ½ turn left, cross LF over RF, step RF to right side, cross LF over RF (6 a clock)
a3a4 ½ turn right, cross RF over L, step LF to left side, cross RF over LF (12 a clock)
5a6a7a8 cross LF over RF, step RF to right side (repeat three times, make over this counts a ¾ turn left (3 a clock), finish with LF over RF

Botafogo (R+L), Kick Ball Point, Sailorturn (½)

9a10 cross RF over LF, step LF to left side, shift weight on RF
11a12 cross LF over RF, step RF to right side, shift weight on LF
13a14 kick RF forward, step RF next LF, point LF to left side
15a16 cross LF behind RF, ½ turn left, make a small step to right side with RF, step LF to left side

Samba Basic fw and bw, Samba Basic R+L

17a18 step RF forward, step LF next RF, step RF in place
19a20 step LF backward, step RF next LF, step LF in place
21a22 step RF to right side, cross LF behind RF (3rd), step RF in place
23a24 step LF to left side, cross RF behind LF (3rd), step LF in place

Triple step with Kick(2x), Sailorstep backward, Touch + Point

25a26a step RF a small step backward, step LF next RF, step RF in place, Kick LF forward
26a28a step LF a small step backward, step RF next RF, step LF in place, Kick RF forward
29a30 cross RF behind LF, step LF to side, step RF in place
31, 32 touch LF behind RF, point LF to left side

Repeat and have Fun! ;-)

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