Apple Jack SB

拍数: 32

级数: Novice - Samba

编舞者: Jenny Memmel (DE) - January 2015

墙数:4

音乐: Apple Jack (Samba / 50 Bpm) - Ballroom Orchestra & Singers : (Album: Dancelife's Best: Hay-Fever)

½ turn Traveling Volta (2x) ("Cross Chassee"), ¾ Circular left Volta`s a1a2 ½ turn left, cross LF over RF, step RF to right side, cross LF over RF (6 a clock) a3a4 ½ turn right, cross RF over L, step LF to left side, cross RF over LF (12 a clock) 5a6a7a8 cross LF over RF, step RF to right side (repeat three times, make over this counts a ¾ turn left (3 a clock), finish with LF over RF Botafogo (R+L), Kick Ball Point, Sailorturn (½)

- 9a10 cross RF over LF, step LF to left side, shift weight on RF
- 11a12 cross LF over RF, step RF to right side, shift weight on LF
- 13a14 kick RF forward, step RF next LF, point LF to left side
- 15a16 cross LF behind RF, ½ turn left, make a small step to right side with RF, step LF to left side

Samba Basic fw and bw, Samba Basic R+L

- 17a18 step RF forward, step LF next RF, step RF in place
- 19a20 step LF backward, step RF next LF, step LF in place
- 21a22 step RF to right side, cross LF behind RF (3rd), step RF in place
- 23a24 step LF to left side, cross RF behind LF (3rd), step LF in place

Triple step with Kick(2x), Sailorstep backward, Touch + Point

- 25a26a step RF a small step backward, step LF next RF, step RF in place, Kick LF forward 26a28a step LF a small step backward, step RF next RF, step LF in place, Kick RF forward
- 29a30 cross RF behind LF, step LF to side, step RF in place
- 31, 32 touch LF behind RF, point LF to left side

Repeat and have Fun! ;-)

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