

Darling Mambo

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jo Thompson Szymanski (USA) - March 2015
音乐: Who Did You Call Darling - Scooter Lee : (CD: Big Bang Boogie)



Music Options: -

Bossa Nova by Scooter Lee – Big Bang Boogie CD

Mambo #5 by Lou Bega or Perez Prado (Instrumental Version)

[1-8] □ MAMBO BASIC FORWARD AND BACK

1 – 4 Rock L forward; Recover back on R; Step L back; Hold
5 – 8 Rock R back; Recover forward on L; Step R forward ; Hold

[9-16] □ SIDE MAMBO LEFT AND RIGHT

1 – 4 Rock L to left; Recover on R; Step L beside R; Hold
5 – 8 Rock R to right; Recover on L; Step R beside L; Hold

[17-24] □ DIAGONAL LOCK STEPS LEFT AND RIGHT

1 – 2 Step L forward to left diagonal; Step R together
3 – 4 Step L forward to left diagonal; Brush R forward
5 – 6 Step R forward to right diagonal; Step L together
7 – 8 Step R forward to right diagonal; Brush L forward

Note: Make sure you square up on count 8.

[25-32] □ FORWARD MAMBO, BACK with 1/4 TURN LEFT, SIDE, FORWARD

1 – 4 Rock L forward; Recover back on R; Step L back; Hold
5 – 8 Step R back turning 1/4 left; Step L to left; Step R forward; Hold (9:00)

Begin Again!

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