

Suite 215!

拍数: 64 墙数: 2 级数: High Improver
编舞者: Ria Vos (NL) & Niels Poulsen (DK) - February 2015
音乐: Waiting For The Sun - Simon Erics : (iTunes)



Intro: 32 count intro (18 secs. into track). Start with weight on L foot.

Tag: After wall 3. See Tag description below

Note: Explanation of the name 'Suite 215': The dance was made in 'Suite 215' in Sweden

Special: BIG THANKS to Pia Bengtsson for sending us the music.

[1 – 8] Rock fwd R, ½ R, shuffle ½ R, R back rock, R kick ball

1 – 3 Rock fwd on R (1), recover back on L (2), turn ½ R stepping fwd on R (3) 6:00
4&5 Turn ¼ R stepping L to L side (4), step R next to L (&), turn ¼ R stepping back on L (5) 12:00
6 – 7 Rock back on R (6), recover fwd on L (7) 12:00
8& Kick R fwd (8), step R next to L (&) 12:00

[9 – 16] L rocking chair, & R rocking chair

1 – 4& Rock L fwd (1), recover on R (2), rock L back (3), recover on R (4), step L next to R (&) 12:00
5 – 8 Rock R fwd (5), recover on L (6), rock R back (7), recover on L (8) 12:00

[17 – 24] ¼ L into chasse, L back rock, ¼ R X 2, cross, Hold

1&2 Turn ¼ L stepping R to R side (1), step L next to R (&), step R to R side (2) 9:00
3 – 4 Rock back on L (3), recover fwd on R (4) 9:00
5 – 6 Turn ¼ R stepping back on L (5), turn ¼ R stepping R to R side (6) 3:00
7 – 8 Cross L over R (7), Hold (8) 3:00

[25 – 32] Ball cross, R side rock, behind side cross, L side rock, begin a L sailor step with 1/8 L

&1 Step R a small step to R side (&), cross L over R (1) 3:00
2 – 3 Rock R to R side (2), recover on L (3) 3:00
4&5 Cross R behind L (4), step L to L side (&), cross R over L (5) 3:00
6 – 7 Rock L to L side (6), recover on R (7) 3:00
8& Cross L behind R (8), turn 1/8 L stepping R a small step to R side (&) 1:30

[33 – 40] 1/8 L into 3 rocks, ¼ L with R hitch, rocks X 3, 1/8 R with L hitch

1 – 4 Rock L fwd (1), recover on R (2), rock L fwd (3), turn ¼ L on L hitching R knee (4) 10:30
5 – 8 Rock R fwd (5), recover back on L (6), rock R fwd (7), turn 1/8 R on R hitching L knee (8) 12:00

[41 – 48] Cross, Hold, R side rock ¼ L, fwd R, Hold, full turn R

1 – 2 Cross L over R (1), Hold (2) 12:00
3 – 4 Rock R to R side (3), recover on L turning ¼ L (4) 9:00
5 – 6 Step R fwd (5), Hold (6) 9:00
7 – 8 Turn ½ R stepping back on L (7), turn ½ R stepping fwd on R (8) 9:00

[49 – 56] ¼ R into L chasse, R back rock, R kick ball cross, step slide R

1&2 Turn ¼ R stepping L to L side (1), step R next to L (&), step L to L side (2) 12:00
3 – 4 Rock back on R (3), recover fwd onto L (4) 12:00
5&6 Kick R diagonally fwd R (5), step R next to L (&), cross L over R (6) 12:00
7 – 8 Step R a big step to R side (7), slide L towards R (8) 12:00

[57 – 64] L sailor ¼ L, step ¼ L, R jazz box into R side rock

- 1&2 Cross L behind R (1), turn ¼ L stepping R next to L (&), step fwd on L (2) 9:00
3 – 4 Step fwd on R (3), turn ¼ L stepping onto L (4) 6:00
5 – 6 Cross R over L (5), step back on L (6) 6:00
7 – 8 Rock R to R side (7), recover on L (8) 6:00

START AGAIN and... ENJOY!

FINISH Start wall 6 (starts facing 12:00).

**Do up to count 12. When doing count 13 make that a big step fwd on your R dragging L next to R.
You're now facing 12:00**

TAG Complete wall 3, now facing 6:00, and add the following 8 count Tag:

[1 – 8] R rocking chair, step ½ L, walk R L (or L full turn)

- 5 – 6 Rock fwd on R (1), recover on L (2), rock back on R (3), recover fwd on L (4) 6:00
7 – 8 Step fwd on R (5), turn ½ L onto L (6), walk fwd R (7), walk fwd L (8) (or a full turn L on 7-8)
12:00

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