

Stay

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Stay - Sugarland : (Album: Enjoy The Ride)



#32 count intro

Section 1: 1/2 Turn, Sweep, Weave Left, Side Rock Cross, Full Turn Left, Cross Shuffle

- 1 Turn 1/2 right stepping left back and sweeping right around. 6 o'clock
- 2 & 3 Cross right behind left. Step left to left side. Cross right over left.
- 4&5 Rock left out to left side. Recover on right. Cross left over right.
- 6& Turn 1/4 left stepping right back. Turn 1/2 left stepping left forward.
- 7& Step right forward. Pivot 1/4 turn left. 6 o'clock
- 8&1 Cross right over left. Step left to left side. Cross right over left to left diagonal 4.30

Section 2: Back Step, 1/8 Turn X2, 1/2 Hitch, Run Forward, Left Rock, 3/8, Triple Step

- 2& Step left back. Make 1/8 turn right stepping right to right side. 6 o'clock Recover,
- 3 Make 1/8 right stepping left to right diagonal pivoting 1/2 left hitching right knee.
- 4&5 Run forward towards right diagonal, right, left, right 1.30
- 6&7 Rock left forward. Recover back on right. Turn 3/8 left stepping left forward.
- 8& Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward.
- 1 Step right forward. 9 o'clock

Section 3: Step, 1/4 Turn, Side, Forward, Cross, 1/4, Rock Back, 1/2, Back, Rock Back

- 2&3 Step left forward. Turn 1/4 left stepping back on right. Step left to left side.
- 4&5 Step forward on right. Cross left over right. Turn 1/4 left stepping back on right.
- 6&7 Rock back on left. Recover on right. Turn 1/2 right stepping back on left.
- &8& Step back on right. Rock back on left. Recover weight forward on right. 9 o'clock

Section 4: Forward, Step 1/4 Cross, Side Rock, Cross, 1/2 Turn, Step, Step Pivot 1/2

- 1 Step forward on left.
- 2&3 Step forward on right. Pivot 1/4 turn left on left. Cross right over left. 6 o'clock
- 4&5 Rock left to left side. Recover weight on right. Cross left over right.
- 6& Turn 1/4 left stepping right back. Turn 1/4 left stepping left forward.
- 7 Step right forward.
- 8& Step forward on left. Pivot 1/2 right on right. 6 o'clock

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