

# Living It Up

**COPPER KNOB**  
BY STEPHEN

拍数: 16      墙数: 4      级数: Absolute Beginner  
编舞者: Dee Musk (UK) - March 2015  
音乐: I Got the Sun All Day Moon and the Stars All Night - Pete Stothard : (Album: Pete Stothard EP)



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#16 Count Intro. Approx 08 seconds - Track approx 2 mins 36 secs

Track available from [iTunes.co.uk](https://www.itunes.co.uk)

## Right Heel Dig, Left Heel Dig.

1,2      Dig Right heel forward, step Right beside Left.  
3,4      Dig Left heel forward, step Left beside Right. (12 o'clock).

## Side Together, Side Touch.

1,2      Step Right to Right side, close Left beside Right.  
3,4      Step Right to Right side, touch Left beside Right. (12 o'clock).

## Side Together ¼ Turn Left Together.

1,2      Step Left to Left side, close Right beside Left.  
3,4      Make a ¼ turn Left stepping forward on Left, step Right beside left. (9 o'clock).

## Heel Twists, Heel Bounces.

1,2      Twist both heels out, twist both heels to centre.  
3,4      Bounce both heels twice (weight on L).□ (9 o'clock).

Have Fun and Enjoy

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