

# Long Ago And Far Away

COPPER KNOB  
BY STEPHEN

拍数: 32

墙数: 2

级数: Phrased Improver - Bossanova  
Rhythm



编舞者: Gordon Timms (UK) - March 2015

音乐: At 17 - Sitti : (Album: Cafe Bossa)

Start the dance after 16 counts intro – on the vocals!

Choreographers note: BOSSANOVA rhythm throughout so there will be lots of holds.

STEP SEQUENCE: 32 – B – 32 – B – 32 – 32 – 32 – B – 32 – B – 32 – 32 – 24 – 32 – B – 32 – B – 32 – 32 – 24

## SCISSOR STEP, HOLD, ¼ TURN LEFT, ¼ TURN LONG STEP LEFT SIDE, DRAG AND HOLD

- 1-2 Step Left to Left side, Drag Right up and close with Left.
- 3-4 Cross step Left in front of Right: Hold
- 5-6 Turn ¼ Left stepping Right back, Turn ¼ left stepping long step Left to Left side.
- 7-8 Drag up Right to Left instep, Hold for one count. (Weight on Left) Faces 6.00

## STEP, BALL PIVOT ½ TURN LEFT, BALL PIVOT ¼ TURN LEFT, HOLD, BEHIND, SIDE, BEHIND, HOLD

- 1-2 Step Right forward, on the ball of Left pivot half turn Left...ready to
- 3-4 Ball pivot quarter turn Left stepping Right to Right side. Hold
- 5-6 Step Left behind Right, Step Right to Right Side
- 7-8 Step Left behind Right , Hold Faces 9.00

## HIP SWAYS, CROSS STEP, HOLD, ¼ TURN RIGHT, LONG STEP RIGHT SIDE, TOUCH, HOLD

- 1-2 Sway weight forward on to Right foot, Sway weight back on to Left.
- 3-4 Cross step Right in front of Left: Hold
- 5-6 Turn ¼ Right stepping back on the Left, Step long step Right to Right Side
- 7-8 Drag up Left next to Right instep and.... Hold Faces 12.00

RESTART HERE ON WALL 9 FACING FRONT.

## ROCK, RECOVER, STEP BACK, HOLD, RONDE ½ TURN LEFT, STEP SIDE, HOLD

- 1-2 Rock forward on the Left, recover on to Right.
- 3-4 Step long step Left back. Hold
- 5-6 Turning ½ Right, Sweep (Ronde) Right round behind Left, step Left in place.
- 7-8 Take a small step Right forward, Hold Faces 6.00

## TAG (B) : SIDE ROCK AND CROSS, HOLD, QUARTER, QUARTER, CROSS HOLD.

- 1-2 Side Rock With The Left To Left Side, Recover Weight On To Right
- 3-4 Cross Left Over Right And Hold For One Count.
- 5-6 Step Back On Right Turning Quarter Left, Turn Quarter Left Step Left To Side
- 7-8 Cross Right Over Left, Hold For One Count.

Every time you dance the TAG you should be facing the front wall to start the dance again?

FINISH: The dance finishes at the end of section 3 !

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