Crocodile Roll Easy



编舞者: Helen Reeson (AUS) - March 2015

音乐: Crocodile Roll - Australia's Tornadoes: (Album: Dancin Up A Storm)



No Tags or Restarts

Intro: 24 count. Start dance just before vocals

[1-8] CROSS / ROCK, SIDE SHUFFLE - CROSS / ROCK, SIDE SHUFFLE

1,2 Cross R over L facing L diagonal, Recover weight on L facing 12.00

3&4 Shuffle to R side stepping RLR (side, together, side)

5,6 Cross L over R facing R diagonal, Recover weight on R facing 12.00

7&8 Shuffle to L side stepping LRL (side, together, side)
Option: Swing arms to help rock into the diagonals on counts 1 & 5

[9-16] CROSS, BACK, BACK, SCUFF - CROSS, BACK, BACK, TCH

1,2,3,4 Cross R over L, Step back on L, Step back on R diagonal, Scuff L over R 5,6,7,8 Cross L over R, Step back on R, Step back on L diagonal, Touch R beside L

[17-24] FRIEZE R, TOUCH - FRIEZE 1/4 L, SCUFF

1,2,3,4 R side, L behind, R side, Tch L beside R (or Full turn R, Tch) 5,6,7,8 L side, R behind, Turn 1/4L step L fwd, Scuff R over L ... 9.00

[25-32] CROSS / ROCK, BACK / ROCK - STEP, TURN 1/4L, STEP, TURN 1/4L

1,2 Cross R over L facing L diagonal, Recover weight onto L facing 9.00

3.4 Step straight back on R, Recover weight forward onto L

5,6,7,8 Step R fwd, Turn ¼L (wgt on L), Step R fwd, Turn ¼L (wgt on L) ... 3.00

START AGAIN

... and enjoy dancing to The Tornadoes' great song!

For a bit more fun, rock hips with the 1/4L paddle turns, and roll into any cross steps

FINISH dance facing 12.00: Frieze L (or rolling frieze), touch R beside L

This easier dance can be done as split floor with the fun dance by Ira Weisburd, Alison Johnstone & David Hoyn ... "CROCODILE ROLL"

Contact: ulladullalinedancers@gmail.com