

Mambolicious

拍数: 32 墙数: 4 级数: Improver
编舞者: Karen Hadley (UK) - February 2015
音乐: Mambo (Radio Edit) - Helena Paparizou



#16 count intro...7 secs

(Available on iTunes and other download sites taken from: Mambo by Helena Paparizou)

Right Side. Together. Chasse Right. Left Cuban Break Step.

- 1 – 2 Step Right to Right side. Step Left beside Right.
3&4 Step Right to Right side. Step Left beside Right. Step Right to Right side.
5&6& Cross rock Left over Right. Recover on Right in place. Rock Left to Left side. Recover on Right in place.
7&8 Cross rock Left over Right. Recover on Right in place. Step Left to Left side.

Cross. Side. Sailor Step. Cross. Side. Sailor ¼ Turn Left.

- 1 – 2 Cross step Right over Left. Step Left to Left side.
3&4 Cross step Right behind Left. Step Left slightly to Left side. Step Right in place.
5 – 6 Cross step Left over Right. Step Right to Right side.
7&8 Cross step Left behind Right making ¼ turn Left. Step Right beside Left. Step slightly forward on Left. (9:00)

Crossing Samba (Right & Left). Cross. Back. Back. Cross.

- 1&2 Cross step Right forward over Left. Rock Left to Left side. Step slightly forward on Right.
3&4 Cross step Left forward over Right. Rock Right to Right side. Step slightly forward on Left.
5 – 6 Cross step Right over Left. Step back on Left.
7 – 8 Step back on Right. Cross step Left over Right.

Back. Drag & Hold. Coaster Step. Hip Bumps (Right & Left travelling forward).

- 1 – 2 Step back on Right. Hold whilst dragging Left slightly back.
3&4 Step back on Left. Step Right beside Left. Step forward on Left.*Restart plus tag at this point on Wall 6.
5&6 Touch Right toe forward bumping hips:- Right, Left, Right (take weight on Right).
7&8 Touch Left toe forward bumping hips:- Left, Right, Left (take weight on Left).

Begin Again & enjoy

TAG 1 (16 counts) - To be danced at the end of Walls 1 (9:00), Wall 4 (12:00), Wall 5 (9:00) & Wall 6 (6:00)
Mambo Forward. Mambo Back. Step. Pivot ½ Turn Left. Walk. Walk. (TWICE).

- 1&2 Rock forward on Right. Recover weight on to Left taking weight. Step slightly back on Right.
3&4 Rock back on Left. Recover weight on to Right taking weight. Step slightly forward on Left.
5 – 6 Step forward on Right. On ball of Left pivot ½ turn Left.
7 – 8 Step forward on Right. Step forward on Left.

Repeat counts 1 – 8 one more time.

*(Tag to be added after count 28 on Wall 6 then restart the dance again – therefore missing out the hip bumps on this wall only).

Contact: karenh@nulinedance.com