

Jump Senora

COPPER KNOB
STEPSHEETS

拍数: 56

墙数: 2

级数: Phrased Novice / Intermediate
Novelty

编舞者: Amélie Jammart (BEL) & Allan Bungeneers (BEL) - March 2015

音乐: Shake Senora (feat. T-Pain & Sean Paul) - Pitbull



Sequence : A, B, C, B, 1st 16 of B, A, B, C, 1st 16 of B, A, B, C, TAG, B, A, B, C, B

PART A – 8 counts

A1: STEP RIGHT, ROCK BACK, RECOVER, STEP LEFT, ROCK BACK, RECOVER, STEP CROSS OVER, 2X BOLTAFOGO

- 1 RF Step R
- & LF rock back
- 2 RF recover
- 3 LF Step L
- & RF rock back
- 4 LF recover
- 5 RF cross over LF
- & LF rock to left
- 6 RF recover weight
- 7 LF cross over RF
- & RF rock to right
- 8 LF recover weight

PART B – 32 counts

B1: VAUDEVILLES, OUT RIGHT, OUT LEFT, IN RIGHT, IN LEFT

- 9 RF cross over LF
- & LF back diagonally R
- 10 RF heel touch diagonally forward R
- & RF beside LF
- 11 LF cross over RF
- & RF back diagonally L
- 12 LF heel touch diagonally forward L
- 13 RF step out diagonally R
- 14 LF step out diagonally L
- 15 RF step in
- 16 LF step in

B2: PIVOT ½ TURN RIGHT, FULL TURN RIGHT, ROCK FORWARD, COASTER STEP

- 17 RF step forward
- 18 LF turn ½ R
- 19 RF step back ½ turn R
- & LF step forward ½ turn R
- 20 RF step forward
- 21 LF rock forward
- 22 RF recover
- 23 LF step back
- & RF step next to LF
- 24 LF forward

B3: ROCK SYNCOPATED R AND L

- 25 RF rock cross over RF forward

& LF recover
26 RF rock back
& LF recover
27 RF rock cross over RF forward
& LF recover
28 RF step side L
29 LF rock cross over LF forward
& RF recover
30 LF rock back
& RF recover
31 LF rock cross over LF forward
& RF recover
32 LF step side R

B4: ¼ TURN R, CROSS SHUFFLE, ROCK LEFT, SEILOR STEP ¼ TURN LEFT

33 RF step forward
34 LF turn ¼ L
35 RF cross over RF
& LF step side R
36 RF cross over RF
37 LF rock R
38 RF recover
39 LF step behind L
& RF ¼ turn L step side R
40 LF step side L

PART C – 16 counts

C1: VOLTA RIGHT, VOLTA LEFT

41 RF cross over LF
& LF step side L
42 RF cross over LF
& LF step side L
43 RF cross over LF
& LF step side L
44 RF cross over LF
45 LF cross over RF
& RF step side R
46 LF cross over RF
& RF step side R
47 LF cross over RF
& RF step side R
48 LF cross over RF

C2: BATUCADAS X4, MAMBO SIDE RIGHT, BODY ROLL

49 RF step back
& LF press forward
50 LF step back
& RF press forward
51 RF step back
& LF press forward
52 LF step back
& RF press forward
53 RF rock side
& LF recover

54 RF together LF
55-56 body roll up to finish

TAG: BODY ROLL, CLAP IN YOUR HANDS 4X

57-58-59-60 Body roll up to finish
61 Clap in your hands
62 Clap in your hands
63 Clap in your hands
64 Clap in your hands

Contact: bungeneers.allan@gmail.com

Last Update – 18th March 2015
