

# No Alcohol

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Cody James Lutz (USA) - March 2015  
音乐: Make Me Wanna - Thomas Rhett



#32 count intro. Dance starts on lyrics.

## S1: Walk, Walk, ¼ Turn Side, Ball Cross, ¾ Turn Shuffle

12            Step forward on right, step forward on left  
3&4          ¼ turn left stepping right to right side, step ball of left next to right, cross right over left  
56            ¼ turn right stepping back on left, ½ turn right stepping right forward  
7&8          Step forward on left, step right together, step forward on left

## S2: Rock, Recover, ½ Turn Shuffle, ¼ Turn Jazzbox, Cross

12            Rock forward on right, recover weight to left  
3&4          ½ turn right stepping right forward, step left together, step right forward  
56            Cross left over right, make a ¼ turn left stepping back on right  
78            Step left to left side, cross right over left\*

## S3: 1 ¼ Turn Back Shuffle, Step Back, Coaster Kick-Ballstep

12            ¼ turn right stepping back on left, ½ turn right stepping right forward  
3&4          ½ turn right stepping back on left, step right together, step back on left  
56&          Step back on right, step back on left, step right together with left  
7&8          Kick left forward, step ball of left next to right, step right forward

## S4: Big Step, Side, Ball Cross, ¼ Turn Step w/ Sweep, Sailor, Kick-Ballstep

12            Big step forward on left sliding right together, touch right next to left  
3&4          Step right out to right side, step ball of left next to right, cross right over left\*\*  
56            ¼ turn left stepping forward on left, ½ turn left stepping back on right while sweeping left foot  
              out in a circle towards the back of your right foot  
7&            Step left behind right, step right to right side  
8&(1)        Kick left foot forward, step ball of left next to right, (step forward on right)\*\*\*

\*Note: This is where your first Restart will come on Wall 4.

On count 16, instead of taking weight on right, touch right across left then Restart.

\*\*Note: This is where your second Restart will come on Wall 9.

On Count 28, instead of taking weight on right, touch right across left then Restart.

\*\*\*Note: This is the first step of the dance, and should go smoothly into Restarting.

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