

# 5 Sugars Please

COPPER KNOB  
STEPSHEETS

拍数: 64                      墙数: 2                      级数: Intermediate  
编舞者: Sandra Burns (SCO) - March 2015  
音乐: Sugar - Maroon 5



## #16 count intro

### S1: Kick Ball Point x 2, Right Shuffle Forward, Left Shuffle Forward

1 & 2                      Kick right forward. Step R beside L. Point L to L side.  
3 & 4                      Kick left forward. Step L beside R. Point R to R side.  
5 & 6                      Step forward right. Close left beside right. Step forward right.  
7 & 8                      Step forward left. Close right beside left. Step forward left.

### S2: Rock Forward, Full Turn Right, ½ Turn R Shuffle, Step Pivot ¼ R

1 - 2                      Rock forward right. Recover weight left.  
3 - 4                      Make ½ turn right stepping forward right. Make ½ turn right stepping back left.  
5 & 6                      Make ½ turn right stepping forward right. Step left next to right. Step forward right. (6)  
**Alternative for Steps 3 - 6: Make ½ turn right stepping forward right. Step forward left. Right shuffle forward RLR.**  
7 - 8                      Step L forward. Pivot 1/4 turn right. (9)

### S3: Cross, Side, Sailor Step, Cross, Side, Right Sailor ¼ Turn Right

1 - 2                      Cross left over right. Step right to R side.  
3 & 4                      Step left behind right. Step right to right side. Step left to left side.  
5 - 6                      Cross right over left. Step left to L side  
7 & 8                      Step right behind left. ¼ turn right stepping left to left side. Step right to right side. (12)

### S4: Side Rock, Step, Side Rock, Step, Rock Forward, ¾ Turn L Shuffle

1 & 2                      Rock left to left side. Recover onto right. Step left forward.  
3 & 4                      Rock right to right side. Recover onto left. Step right forward.  
5 - 6                      Rock forward left. Recover weight right.  
7 & 8                      3/4 turn left shuffle stepping left right left. (3)

### S5: Point, Point, Sailor Step x 2

1 - 2                      Point R forward. Point R to R side.  
3 & 4                      Cross right behind left. Step left to left side. Step right to side.  
5 - 6                      Point L forward. Point L to L side.  
7 & 8                      Cross left behind right. Step right to right side. Step left to side.

### S6: Cross, Side, Behind, Side, Cross, Side, Back Rock, Kick Ball

1 - 2                      Cross right over left. Step left to L side.  
3 & 4                      Step right behind left. Step left to L side. Cross right over left.  
5 - 7                      Step left to side. Rock back right. Recover weight left.  
8 &                      Kick right forward. Step right beside left.

### S7: Cross, Side, Behind, Side, Cross, Side, Back Rock, Ball Cross

1 - 2                      Cross left over right. Step right to R side.  
3 & 4                      Step left behind right. Step right to R side. Cross left over right.  
5 - 7                      Step right to R side. Rock back left. Recover weight right.  
& 8                      Step left to L side. Cross right over left.

### S8: ¼ Turn R, Coaster Step, Side Rock, Step, Side Rock, Step, Step

1,2&3                      ¼ Turn R Step back on L. (6) Step Back on R. Step L Next to R. Step Forward on R.

4 & 5            Rock left to left side. Recover onto right. Step left forward.  
6 & 7            Rock right to right side. Recover onto left. Step right forward.  
8                 Step L forward

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