

HUMAN - DANCER (zh)

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Alan Birchall (UK) - 2008年11月
音乐: Human - The Killers : (CD: Single)



前奏 : Start dancing on lyrics 唱歌起跳

第一段 Heel Touch's, Behind, ¼ Step, Step, ½ Pivot, Full Turn 踵點, 後, 1/4踏, 踏, 轉1/2, 轉圈

- 1-2 Touch right heel forward twice 右足踵前點二次
- 3&4 Cross right behind left, making ¼ turn left step left forward, step right forward (9:00)
右足於左足後交叉踏, 左轉90度左足前踏, 右足前踏(面向9點鐘)
- 5-6 Step left forward, make ½ pivot turn right (3:00)
左足前踏, 右轉180度(面向3點鐘)
- 7-8 Make ½ turn right stepping left back, make ½ turn right stepping right forward (3:00) 右轉180度左
足後踏, 右轉180度右足前踏(面向3點鐘)

第二段 Rock, Recover, Coaster Step, Rock, Recover With ¼ Turn, Cross Shuffle 下沉回復, 海岸步, 下沉回復轉1/4, 交叉交換

- 9-10 Rock left forward, recover on right 左足前下沉, 右足回復
- 11&12 Step left back, step right by left, step left forward
左足後踏, 右足併踏, 左足前踏
- 13-14 Rock right forward making ¼ turn to left recover on left (12:00)
右足前下沉, 左轉90度左足回復(面向12點鐘)
- 15&16 Cross right over left, step left to side, cross right over left
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

第三段 Side, Behind, Side, Cross, Point, Step, ½ Monterey, Cross Unwind 側, 後, 側, 交叉, 點, 踏, 蒙特瑞轉1/2, 交叉繞

- 17-18 Step left to side, right behind left 左足左踏, 右足於左足後踏
- &19-20 Step left to side, cross right over left, point left to left
左足左踏, 右足於左足前交叉踏, 左足左點
- &21-22 Step left by right, point right to right, make ½ turn right stepping right by left (6:00)
左足併踏, 右足右點, 右轉180度右足併踏(面向6點鐘)
- 23-24 Cross left over right, unwind ½ turn right (12:00)
左足於右足前交叉踏, 右繞轉180度(面向12點鐘)

Alt:選擇
版

- &21&22 Step Left By Right, Touch Right To Right, Step Right By Left, Touch Left Heel Forward 左足併踏,
右足右點, 右足併點, 左足踵前點
- &23-24 Step Left By Right, Rock Forward On Right, Recover On Left
左足併踏, 右足前下沉, 左足回復

第四段 Rock, Recover, ½ Triple Turn, Rock, Recover, Shuffle 下沉回復, 小三步轉1/2, 下沉回復, 交換步

- 25-26 Rock right back, recover on left 右足後下沉, 左足回復
- 27&28 Make ½ triple turn left stepping right, left, right (6:00)
小三步左轉180度-右, 左, 右(面向6點鐘)

29-30 Rock left back, recover on right 左足後下沉, 右足回復

31&32 Step left forward, step right by left, step left forward
左足前踏, 右足併踏, 左足前踏

第五段 Cross, Side, Sailor Step, Cross, Side, ¼ Sailor Turn
交叉, 側, 水手步, 交叉, 側, 1/4轉水手

33-34 Cross right over left, step left to side
右足於左足前交叉踏, 左足左踏

35&36 Cross right behind left, step left to side, step right in place
右足於左足後交叉踏, 左足左踏, 右足踏

37-38 Cross left over right, step right to right
左足於右足前交叉踏, 右足右踏

39&40 Cross left behind right, making ¼ turn left step right by left, step left in place (3:00)
左足於右足後交叉踏, 左轉90度右足併踏, 左足踏(面向3點鐘)

第六段 Cross, Side, Sailor Step, Cross, Side, Full Triple Turn (Left)
交叉, 側, 水手步, 交叉, 側, 小三步左轉圈

41-42 Cross right over left, step left to side
右足於左足前交叉踏, 左足左踏

43&44 Cross right behind left, step left to side, step right in place
右足於左足後交叉踏, 左足左踏, 右足踏

45-46 Cross left over right, step right to right
左足於右足前交叉踏, 右足右踏

47&48 Full triple turn left (backwards) stepping left, right, left end with left crossed over right (3:00)
小三步左轉圈-左, 右, 左足於右足前交叉踏(面向3點鐘)

Alt:選擇版
47&48 Behind, Side, Cross – Cross Left Behind Right, Right To Right, Left Over Right
後, 側, 交叉 - 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏

第七段 Rock, Recover, Cross Shuffle, Side, Together, Side, Close, Side
下沉回復, 交叉交換, 側併側併側

49-50 Rock right to right, recover on left 右足右下沉, 左足回復

51&52 Cross right over left, step left to side, cross right over left
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

53-54 Step left to side (dipping down), step right by left (standing up)
左足左踏(蹲下), 右足併踏(起立)

55&56 Step left to side, right by left, left to left (3:00)
左足左踏, 左足併踏, 左足左踏(面向3點鐘)

第八段 Rock, Recover, Side Shuffle ¼ Turn, Rock, Recover, Behind, Side, Cross 下沉回復, 側轉1/4交換,
下沉回復, 後側交叉

57-58 Cross rock right over left, recover on left
右足於左足前交叉下沉, 左足回復

59&60 Step right to right, left by right, making ¼ turn right step right to right (6:00) 右足右踏, 左足併踏, 右
轉90度右足右踏(面向6點鐘)

61-62 Rock left forward, recover on right 左足前下沉, 右足回復

63&64 Cross left behind right, step right to right, cross left over right
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏
