

Crushin' It

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数:
编舞者: Cheryl Dibble (USA) - March 2015
音乐: Crushin' It - Brad Paisley



Kick Ball Cross, Step, Behind-Out-Over, Stomp-Crush X 3

1&2 Right kick ball cross
3 Step R to right
4&5 Step L behind R, step R to right, step L over R
6,7,8 Stomp on R while twisting R heel to right; stomp on L while twisting L heel to left; stomp on R while twisting R heel to right

Kick Ball Cross, Step, Behind-Out-Over, Stomp-Crush X2, Stomp Turning ¼ Left

1&2 L Kick ball cross
3 Step L to left
4&5 Step R behind L, step L to left, step R over L
6,7,8 Stomp on L while twisting L heel to left; stomp on R while twisting R heel to right; stomp on L Making ¼ turn left

Shuffle Forward, Pivot, Step, And Step, Rock, Recover, Step

1&2 Shuffle forward RLR
3 Step forward on L, pivoting ½ right (3:00)
4 Step forward on R
&5 Quickly step L next to R, step R forward
6,7,8 Rock L forward, recover on R, step L next to R

Right Side Shuffle, Step Turning ¼, Cross Shuffle, ¾ Turn Right

1&2 Shuffle right RLR
3 Step on L turning ¼ left (12:00)
4&5 Cross R over L, step L to left, cross R over L
6,7,8 ** Step L to left, step R back turning ¼ right, step L forward turning ½ right (9:00)

Option Without Spinning

6,7,8 Step L turning ¼ left, walk R, walk L

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