

Sweet Chariot

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Roger Neff (USA) - November 2013
音乐: Swing Low Sweet Chariot - Scooter Lee



Intro: Start after the slow vocal introduction plus 8 counts of the fast beat.

[1-8] □□ Weave to R, Triple step, L Kick-ball-cross

1-4 Step to R, Step L behind R, Step to R, Step L over R
5&6,7-8 Triple step to R (R,L,R), Kick L fwd, Recover on ball of L, Step R across L

[9-16] □□ Weave to L, Triple step, R Kick-ball-change

1-4 Step to L, Step R behind L, Step to L, Step R over L
5&6,7-8 Triple step to L (L,R,L), Kick R fwd, Recover on ball of R, Step on L

[17-24] Rocking chair, Rock fwd on R, R coaster step (with optional claps on the & between beats 1 through 6)

1-4 Rock fwd on R, Recover on L, Rock back on R, Recover on L
5-6,7&8 Rock fwd on R, Recover on L, Step back on R, Step L beside R, Step fwd □ on R

[25-32] Rock Fwd on L, Turn ¼ to R and step on R, Cross Shuffle, Side Touches

1-2 Rock fwd on L, Turn ¼ to R and step on R
3&4 Step L over R, Step R to side, step L over R
5-8 Step to R, Touch L beside R, Step to L, Touch R beside L

(Optional: Raise arms and sway R and L on final counts 5-8.)

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