

Sube la Musica

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Francien Sittrop (NL) - March 2015
音乐: Beat on My Drum (feat. Pitbull & Sophia Del Carmen) - Gabry Ponte



Intro : Start after 32 counts

[1 – 8] □ Samba Steps x2, Step fwd, ½ Turn R, Sailor Cross ¼ R

1 & 2 Step R fwd, Rock L to L side , Recover on R
3 & 4 Step L fwd, Rock R to R side, Recover on L
5 – 6 Step R fwd, ½ Turn R step L back (06.00)
7 & 8 Sweep R back with ¼ Turn R, Step L next to R, Step R across L (09.00)

[9-16] □ Rolling Vine, Chasse L, Jazz Box

1 – 2 ¼ Turn L step L fwd, ½ Turn L step R back (12.00)
3 & 4 ¼ Turn L step L to L side, Step R next to L , Step L to L side (09.00)
5 – 8 Step R across L , Step L back, Step R to the R side, Step L fwd

[17-24] □ ¼ L with Hip Bumps, ½ Turn L with Hip Bumps. Step fwd, ¼ Turn L, Cross Shuffle

1 & 2 Touch R to R side and bump hips R,L,R with ¼ Turn L (06.00)
3 & 4 Touch L back and bump hips L, R, L with ½ Turn L (12.00)
5 – 6 Step R fwd, ¼ Turn L (09.00)
7 & 8 Step R across L, Step L to L side, Step R across L

[25-32] □ Step fwd, Toe Touches, Step fwd, Pivot ½ Turn R, Shuffle fwd

1 – 2 Step L fwd, Touch R fwd
3 – 4 Touch R back, Step R fwd
5 – 6 Step L fwd, Pivot ½ Turn R (03.00)
7 & 8 Step L fwd, Step R next to L , Step L fwd **R**

[33-40] □ Syncopated rocksteps x2, 2 Walks fwd, Shuffle fwd

1-2& Rock R across L, Recover on L, Step R next to L
3-4& Rock L across R, Recover on R, Step L next to R
5 – 6 Walk fwd R , L
7 & 8 Step R fwd, Step L next to R, Step R fwd

[41-48] □ ¼ Turn R, Point, Cross , Point, 2 x ¼ Turn L, Step fwd, Shuffle fwd

1 – 2 Make on Ball of R ¼ Turn R and Point L to L side, Step L across R (06.00)
3 – 4 Point R to R side , ¼ Turn L step R back (03.00)
5 – 6 ¼ Turn L step L fwd, Step R fwd (12.00)
7 & 8 Step L fwd, Step R next to L, Step L fwd

[49-56] Jazz Box, Cross, ½ Turn L, ¼ Turn L , Step Side, Together

1 - 4 Step R across L, Step L back, Step R to R side, Step L fwd
5 - 6 Step R across L, Make ½ Turn L (Weight ends on L)
7 - 8 ¼ Turn L step R to the R side, Step L next to R (03.00)

[57-64] □ Out , Out, Heel Swivels, Sailor Step, Coaster step

1 – 2 Step R out , Step L out
&3&4 Swivel R Heel in, Swivel R heel back, Swivel L Heel in , Swivel L Heel back
5 & 6 Step R behind L, Step L to L side, Step R to R side
7 & 8 Step L back, Step R next to L, Step L fwd

Start Again :

During Wall 2 & 4 after count 32 Start again with count 1.

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Last Update - 7th March 2015
