

Blame It On The Disco

COPPERKNOB
STEPSHEETS

拍数: 52 墙数: 4 级数:
编舞者: Gordon Elliott (AUS) - December 2014
音乐: Blame It On the Disco - Alcazar : (Album: Blame It On The Disco - Cd Single)



Original Position: Feet Together Weight On The Left Foot.
This dance is done in FOUR directions. Introduction : 40 Beats

S1: HEEL STRUT, HEEL STRUT, HEEL STRUT, HEEL STRUT

1, 2 Strut : Step R Heel Forward, Drop R Toe To The Floor,
3, 4 Strut : Step L Heel Forward, Drop L Toe To The Floor,
5, 6 Strut : Step R Heel Forward, Drop R Toe To The Floor,
7, 8 Strut : Step L Heel Forward, Drop L Toe To The Floor.

S2: BACK, BACK, BACK, KICK, BACK, BACK, BACK, TOUCH

1, 2 Step R Back, Step L Back,
3, 4 Step R Back, Kick L Forward,
5, 6 Step L Back, Step R Back,
7, 8 Step L Back, Touch R Toe Together. ##

S3: VINE RIGHT & TOUCH, SIDE, TOUCH, SIDE, TOUCH

1, 2 Vine : Step R To The Side, Step L Behind Right,
3, 4 Step R To The Side, Touch L Toe Together,
5, 6 Step L To The Side, Touch R Toe Together,
7, 8 Step R To The Side, Touch L Toe Together.

S4: VINE LEFT 1/4 TURN & SCUFF, ROCKING CHAIR

1, 2 Vine : Step L To The Side, Step R Behind Left,
3, 4 Turn 90deg Left Step L Forward, Scuff R Forward,
5, 6 Rocking Chair : Step R Forward, Rock Back Onto L,
7, 8 Step R Back, Rock Forward Onto L.

S5: HEEL, TOGETHER, HEEL, TOGETHER, "V" STEP

1, 2 Touch R Heel Forward At 45deg Right, Step R Together,
3, 4 Touch L Heel Forward At 45deg Left, Step L Together,
5, 6 "V" Step : Step R Forward At 45deg Right, Step L Forward At 45deg Left,
7, 8 Step R Back To The Centre, Step L Together.

S6: FORWARD, TOUCH, BACK, TOUCH, BACK, TOUCH, FORWARD, TOUCH

1, 2 Step R Forward At 45deg Right, Touch L Toe Together,
3, 4 Step L Back At 45deg Left, Touch R Toe Together,
5, 6 Step R Back At 45deg Right, Touch L Toe Together,
7, 8 Step L Forward At 45deg Left, Touch R Toe Together.

S7: HIP, HIP, HIP, HIP

1, 2 Step R To The Side Push Hips To The Right, Push Hips To The Left,
3, 4 Push Hips To The Right, Push Hips To The Left.

[52] Repeat The Dance In New Direction

RESTART : On WALL 3 & WALL 7 dance to BEAT 16 (##) & RESTART facing 6.00 & 9.00

