

The Story Of My Life

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Improver
编舞者: Betty Moses (USA) - March 2015
音乐: Story of My Life - One Direction : (Album: Midnight Memories)



Intro: 32 Counts

[1-8] SIDE ROCK/RECOVER, BACK ROCK/RECOVER, SIDE ROCK/RECOVER, CROSSING TRIPLE

1-2 Rock R to side, Recover on L
3-4 Rock R back, Recover on L
5-6 Rock R to side, Recover on L
7&8 Cross R over L, Step L to side, Cross R over L

[9-16] SIDE ROCK/RECOVER, BACK ROCK/RECOVER, SIDE ROCK/RECOVER, CROSSING TRIPLE

1-2 Rock L to side, Recover on R
3-4 Rock L back, Recover on R
5-6 Rock L to side, Recover on R
7&8 Cross L over R, Step R to side, Cross L over R

[17-24] SIDE ROCK/RECOVER, BACK ROCK/RECOVER, PIVOT ¼ , WALK-WALK

1-2 Rock R to side, Recover on L
3-4 Rock R back, Recover on L
5-6 Step forward R, Pivot ¼ left [9:00]
7-8 Step forward on R, Step forward on L (Optional full turn left stepping back on R, forward on L)

[25-32] ROCK FORWARD/RECOVER, FULL TURN, ROCK BACK/RECOVER

1-2 Rock forward on R, Recover on L
3&4 Triple step turning ½ right [3:00]
5&6 Triple step turning ½ right [9:00]
7-8 Rock back on R, Recover on L

[33-40] STEP TOUCH, KICKBALL CROSS, ¼ TURN, ¼ TURN, TRIPLE FORWARD

1-2 Step R to side, Touch L next to R
3&4 Kick L at angle, Step back on ball of L, Cross R over L,
5-6 Step back on L turning ¼ right, Step forward on R turning ¼ right [3:00]
7&8 Triple forward on the L

[41-48] VINE RIGHT, BRUSH ½ TURN, VINE LEFT, BRUSH

1-4 Step R to side, Step L behind R, Step R to side, Brush L forward turning ½ right [9:00]
5-8 Step L to side, Step R behind L, Step L to side, Brush R forward

[49-56] VINE RIGHT, BRUSH ½ TURN, VINE LEFT, BRUSH

1-4 Step R to side, Step L behind R, Step R to side, Brush L forward turning ½ right [3:00]
5-8 Step L to side, Step R behind L, Step L to side, Brush R forward

[57-64] ROCK FORWARD/RECOVER, ROCK BACK/RECOVER, ¼ TURN JAZZ BOX

1-2 Rock forward on R, Recover on L
3-4 Rock back R, Recover L
5-8 Cross R over L, Step back on L turning ¼ right, Step R to forward, Cross L over R [6:00]

ENDING: STEP FORWARD ON R, PIVOT ½ LEFT TO FACE THE FRONT [12:00]

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