

Frank And Lola

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Beginner
编舞者: Roger Neff (USA) - March 2015
音乐: Frank and Lola - Jimmy Buffett



Intro: 32 counts

[1-8] □ □ Chassé to R, Back Rock, Chasé to L, Back Rock

1&2,3-4 Step to R, Step L beside R, Step to R, Rock back on L, Recover on R
5&6,7-8 Step to L, Step R beside L, Step to L, Rock back on R, Recover on L

[9-16] □ □ R Lock Steps Fwd, Scuff, L Lock Steps Fwd, Scuff

1-2-3-4 Step fwd on R, Lock L behind R, Step fwd on R, Scuff L
5-6-7-8 Step fwd on L, Lock R behind L, Step fwd on L, Scuff R

[17-24] □ □ Jazz Box with Cross, Side Touches

1-2-3-4 Step R over L, Step back on L, Step to R, Step L over R
5-6-7-8 Step to R, Touch L beside R, Step to L, Touch R beside L

[25-32] □ □ Step Fwd on R, Hold, Turn ¼ to L and Step on L, Hold, □ Swivel Inward Toes, Heels, Toes, Heel Bounce

1-2-3-4 Step fwd on R, Hold, turn ¼ to L and step on L, Hold
5-6-7-8 Swivel toes inward, Swivel Heels inward, Swivel Toes inward, Bounce heels

**RESTART: At the end of the 8th rotation there is a Restart at the end of 24 counts.
You will be facing 3:00.**

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