

Get Down On The Floor

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Daniel Whittaker (UK) - March 2015
音乐: Get Down On the Floor - Hot Banditoz : (iTunes - 2:59)



RESTART: during wall 1, dance up to count 48 and Restart from the beginning facing 12:00 wall.

START: 64 Count intro, start approx 30 seconds in to music

[1-8] Side Rock right, recover, switch, Side rock left recover, behind unwind, 2 x chug ½ turn

1-2 Rock right to right side, recover weight on left 12:00
&3-4 Switch step right beside left, rock left to left side, recover weight on right 12:00
5-6 Touch left behind right, unwind ½ turn left to face back wall (weight ends on left) 06:00
7&8 Make ¼ turn left touch right to right side, make further ¼ turn left touch right to right side
12:00

[9-16] Kick & point, Kick & point, Syncopated Jazz box

1&2 Kick right forward, step right beside left, touch left to left side 12:00
3&4 Kick left forward, step left beside right, touch right to left side 12:00
5-6 Step right over left, step left foot back 12:00
&7-8 Step right beside left, cross left over right, step right to right side 12:00

[17-24] Sailor step ¼ turn, full turn forward, right samba step, left samba step

1&2 Step left behind right, step right beside left, make ¼ turn left stepping forward left 09:00
3-4 Make ½ left stepping right back, make further ½ turn left stepping right forward (or walk
forward R-L) 09:00
5&6 Step right over left, rock left to left side, recover weight on right 09:00
7&8 Step left over right, rock right to right side, recover weight on left 09:00

[25-32] Modified weave left, back step heel, monterey turn

1-4 Cross right over left, step left to left side, step right foot back, touch left heel forward 09:00
5-8 Step left in place, touch right to right side, make ½ turn right stepping right beside left, touch
left to left side 03:00

[33-40] Cross side sailor step, cross side sailor step

1-2 Step left over right, step right to right side 03:00
3&4 Step left behind right, step right beside left, step left to left side 03:00
5-6 Step right over left, step left to left side 03:00
7&8 Step right behind left, step left beside right, step right to right side 03:00

[41-48] Cross hold, and cross side, behind unwind ½ turn, step forward ¾ turn

1-2 Cross left over right, hold 03:00
&3-4 Step right slightly to right side, cross left over right, step right to right side 03:00
5-6 Touch left behind right, Unwind ½ turn left (weight on left) 09:00
7-8 Step right slightly forward, unwind ¾ turn left (finish weight on left) 12:00

RESTART HERE ON WALL 1 ONLY

[49-56] Side hold, behind side cross, side step touch, ¼ turn, ¼ turn

1-2 Step right to right side, hold 12:00
3&4 Step left behind right, step right to right side, cross left over right 12:00
5-6 Step right to right side, touch left beside right 12:00
7-8 Make ¼ turn left stepping left forward (9:00), make further ¼ turn left stepping right to right
side (6:00) 06:00

[57-64] Behind, side, cross shuffle, Touch cross, touch cross

- 1-2 Step left behind right, step right to right side 06:00
3&4 Cross left over right, step right to right side, cross left over right 06:00
5-6 Touch right to right side, cross right over left 06:00
7-8 Tocuh left to left side, cross left over right 06:00

END OF DANCE

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