

# Psycho

COPPER KNOB  
STEP SHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Jill Babinec (USA) & Guyton Mundy (USA) - February 2015  
音乐: Psycho - Kimberly Cole : (Album: Bad Girls Club)



## #32 Count Intro

### [1-8] OUT, OUT, SAILOR , BALL SIDE with BODY DIP, BODY DIP 2x

- 1-2            Step R fwd on R diagonal, Step L fwd on L diagonal  
3&4           Step R behind L, Step L to left side, Step R to rt side  
&5-6          Step ball L next to right (&), Step R to rt side as you slightly bend knees making a counter clockwise circle with body down then up (5-6)  
7-8            While bending slightly with knees make a counter clockwise circle down then up (7), bend slightly with knees and make a ccw circle down then up (8) (wt ends on your right)

(OPTION FOR DIPS: rock shoulders R-L (5-6), R-L-R (7&8))

### [&9-16&] BALL ROCK, RECOVER, COASTER ¼ TURN, WALK L R, CROSS ROCK BACK ROCK

- &1-2           Step ball L next to right, Rock R to rt side, Recover side L  
3&4            Step R back as you make ¼ Rt turn, Step L next to R, Step R forward (3:00)  
5-6            Walk forward L - R  
7&8&          Cross L over right (7), Recover back on R (&), Rock back L (8), Recover forward on R (&)

### [17-24] FWD ROCK, RECOVER, BACK L WITH SWEEP, BACK SWEEPS R-L, BEHIND & CROSS, SIDE ROCK RECOVER

- 1&2            Rock L forward (1), Recover back on R (&), Step back on L as sweep R (2)  
3-4            Step back on R as sweep L, Step back on L as sweep R  
5&6            Step R behind left, Step L to left side, Cross R over left  
7-8            Rock L to left side, Recover side R

### [25-32] BEHIND & CROSS, ROCK RECOVER, BEHIND, ¼ L TURN, ½ L TURN, ½ L TURN

- 1&2            Step L behind R, Step R to right side, Cross L over R  
3-4            Rock R to right side, recover side L  
5-6            Step R behind left, make ¼ L turn stepping L forward (12:00)  
7-8            Make ¼ L turn stepping back on R (9:00), Make ½ L turn stepping L forward (3:00)

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