

Hush Hush (噓！噓！) (zh)

COPPER KNOB
STYLEDANCE

拍数: 48 墙数: 4 级数: Advanced
编舞者: Dee Musk (UK) - 2009年04月
音乐: Hush Hush - The Pussycat Dolls : (CD: Doll Domination)



前奏 : 16 Count Intro. Approx 17 seconds. Approx 68 bpm

- 第一段** **Step, Step ½ Turn, Step, Full Turn L, ¼ Turn L, ½ Turn Sailor Cross L, Side Cross, Full Unwind R, Side. 踏, 踏轉踏, 轉轉1/4, 轉水手, 側交叉轉圈側**
- 1,2& Step forward on R, step forward on L, make a ½ turn R (weight forward on R). 右足前踏, 左足前踏, 右轉180度(重心在右足)
- 3,4& Step forward on L, make a ½ turn L stepping back on R, make a ½ turn L stepping forward on L. 左足前踏, 左轉180度右足後踏, 左轉180度左足前踏
- 5,6&7 Make a ¼ turn L stepping R to R side, making a ½ sailor turn L cross step L behind R, step R to R side, cross step L over R. 左轉90度右足右踏, 左轉180度水手交叉(左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏)
- &8&1 Step R to R side, cross step L over R, weight on L unwind a full turn R on the & count, step R to R side on count 1. (9 o'clock). 右足右踏, 左足於右足前交叉踏, 重心在左足右繞轉圈, 右足右踏(面向9點鐘)
- 第二段** **Run L Run R, Touch ½ Turn R Step Forward, Step ½ Turn Step R, 1 ¼ Turn L. 跑跑, 點, 轉, 踏, 踏轉踏, 轉轉1/4**
- 2& Run forward on L, run forward on R. 左足前跑, 右足前跑
- 3-5 Touch L forward, make a ½ turn R keeping weight back on L, step forward on R. 左足前點, 右轉180度重心在左足, 右足前踏
- 6&7 Step forward on L, make a ½ turn R, step forward on L. 左足前踏, 右轉180度, 左足前踏
- 8&1 Make a ½ turn L stepping back on R, make a ½ turn L stepping forward on L, make a ¼ turn L stepping R to R side. (6 o'clock). 左轉180度右足後踏, 左轉180度左足前踏, 左轉90度右足右踏(面向6點鐘)
- 第三段** **Facing L Diagonal Back Rock Step, Diagonal Run Run, Diagonal Cross Rock Side, Diagonal Cross Rock Side, Touch ½ Turn L. 後交叉下沉 回復, 斜前踏, 跑跑, 交叉曼波, 交叉曼波, 點轉**
- 2&3 Cross rock L behind R, recover weight to R, heading for L Diagonal (approx 5.30) step forward on L. 左足於右足後交叉下沉, 右足回復, 面向斜角(5:30)左足前踏
- 4& Run R, Run L (still facing L diagonal). 右前跑步, 左前跑步(仍面向左斜角)
- 5&6 Cross rock R over L, recover weight to L, step R to R side (now squared to 6 o'clock wall). 右足於左足前交叉下沉, 左足回復, 右足右踏(轉回面向6點鐘)
- &7& Facing the R diagonal (approx 6.30) cross rock L over R, recover weight to R, step L to L side (now squared up to 6 o'clock wall). (面向右斜角線約6:30方向)左足於右足前交叉下沉, 右足回復, 左足左踏(轉回正, 面向6點鐘)
- 8,1 Touch R forward, make a ½ turn L (weight back on R). (12 o'clock). 右足前點, 左轉180度(重心在右足)(面向12點鐘)
- 第四段** **Step, Touch ½ Turn L, Lock Step Back, Back Rock Forward, Step, ¾ Turn R, Side Step. 踏, 點左1/2, 後鎖步, 後下沉前踏, 踏, 右轉3/4側踏**
- 2 Step forward on L. 左足前踏
- &3 Touch R forward, make a ½ turn L. (Weight back on R). 右足前點, 左轉180度(重心在右足)
- 4&5 Step back on L, cross lock R over L, step back on L. 左足後踏, 右足於左足前交叉踏, 左足後踏

- 6&7 Rock back on R, recover weight to L, step forward on R.
右足後下沉, 左足回復, 右足前踏
- 8& Making a ½ turn R step back on L, make a ¼ turn R stepping R to R side. (3 o'clock). 右轉180度左足後踏, 右轉90度右足右踏(面向3點鐘)

第五段 Cross Rock Side, Cross Unwind Full Turn L, Side, Back Rock Side, Close Side, Cross Back Side
交叉下沉側, 交叉左轉圈, 側, 後下沉側, 併側, 交叉後側

- 1&2 Cross rock L over R, recover weight to R, step L to L side.
左足於右足前交叉下沉, 右足回復, 左足左踏
- &3,4 Cross step R over L, unwind a full turn L, step L to L side. ***(RESTART here DURING Wall 2)**. 右足於左足前交叉踏, 左轉圈, 左足左踏

RESTART: DURING Wall 2 dance up to count 36 in Section 5 - begin again facing 6 o'clock wall 第二面牆跳至此面向6點鐘, 從頭起跳

- 5&6 Cross rock R behind L, recover weight to L, step R to R side.
右足於左足後交叉下沉, 左足回復, 右足右踏
- &7 Step L beside R, step R to R side. 左足併踏, 右足右踏
- 8&1 Cross step L over R, step back on R, step L to L side. (3 o'clock).
左足於右足前交叉踏, 右足後踏, 左足左踏(面向3點鐘)

第六段 Behind Side Cross, Hinge ½ Turn R, Cross Rock Side, Cross Side, Back Rock, Step ½ Turn L.
後旁交叉, 右轉1/2, 交叉下沉側, 交叉側, 後下沉, 左1/2

- 2&3 Cross step R behind L, step L to L side, cross step R over L.
右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏
- &4 Make a ¼ turn R stepping back on L, make a ¼ turn R stepping R to R side. 右轉90度左足後踏, 右轉90度右足右踏
- &5& Cross rock L over R, recover weight to R, step L to L side.
左足於右足前交叉下沉, 右足回復, 左足左踏
- 6& Cross R over L, step L to L side. 右足於左足前交叉踏, 左足左踏
- 7& Rock back on R, recover weight to L. 右足後下沉, 左足回復
- 8& Step forward on R, make a ½ turn L (weight forward on L). (3 o'clock).
右足前踏, 左轉180度(重心在左足) (面向三點鐘方向)

The last wall finishes facing 3 o'clock wall, to end facing front for that big finish, just add an extra ¼ turn Left.
最後跳完時面向3點鐘方向, 加跳左轉90度以面向12點鐘做結束
