

Minutes Seem Like Hours

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Gurli Christiansen (DK) - March 2015
音乐: Minutes - Mike Oldfield : (Album: Man on the Rocks - iTunes)



Intro: 16 counts – Start with weight on L foot.

TAG: 4 count Tag: after wall 5, 8 and 11,

1-4 jazzbox: Cross R over L, step L back, step R to right side, step L forward.

Sugar foot, quarter turn right, quarter turn right, back, tap forward, quarter turn left, quarter turn left

1 - 2 Touch R toe to left instep. Touch R heel to left instep.
3 - 4 Turn ¼ R crossing R over L, turn ¼ R stepping back on L
5 - 6 Step R foot back, hook L in front of right foot.
7 - 8 Turn ¼ L crossing L over R, turn ¼ L stepping back on R

Left vine, touch. Side, cross kick left forward, side, cross kick right backwards.

1 - 2 Step L to left side, cross R over L
3 - 4 Step L to left side, touch R next to left.
5 - 6 Step R to right side, kick L fwd and across right
7 - 8 Step L to left side, kick R backwards and across left

¼ turn left, left hook, point right. Left weave. ¼ turn left.

1 - 2 Turn R ¼ left, hook L in front of right leg.
3 - 4 Step L forward, point R to right side
5 - 6 Cross R over L, step L to left side
7 - 8 Cross R behind L, step L ¼ turn left.

Step forward, back lock, side, back lock, back, ¼ turn left.

1 - 2 Step R forward, step back on L
3 - 4 Cross right over left, step back on left
5 - 6 Step R to right side, cross L over R
7 - 8 Step R back, step L ¼ turn left forward.

Start again.

Ending: 25 counts. After weave, ¼ turn left. Step forward and make ½ turn left

I hope you'll enjoy it.

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