

A Gambler, A Drunkard...

COPPER KNOB
BY STEPHEN

拍数: 16 墙数: 2 级数: Beginner - Country/Bluegrass
编舞者: Jean LW LeQUEUX (FR) - March 2015
音乐: Workin' on a Building BY Bill Monroe & the Bluegrass Boys



RF: right foot; LF: left foot; RT: right toes; FT: left toes; RH: right heel; LH: left heel; RK: right knee; FK: left knee;

RP: right palm; FP: left palm; FT: feet together; LA: legs apart; WoRF: weight on RF; WoLF: weight on LF

INTRODUCTION: START WITH THE MUSIC – FLEX/STRETCH KNEES (RIGHT, LEFT)

1&2 Flex LK, Stretch LK

3&4 Flex RK, stretch RK

Do it again until lyrics start.

SECTION I: LOCK STEP FORWARD, KICK (TWICE); LOCK STEP BACK, ¼ TURN LEFT, HEEL TOUCH HAND

1&2 LF forward, RF locks behind LF, LF kicks

3&4 RF forward, LF locks RF, RF kicks

4&6 LF back, RF locks before LF, LF back

7&8 RF behind ¼ turned left, LF near RF, RH touches right hand

SECTION II: SIDE SHUFFLE, HITCH [LEFT, RIGHT], LEFT VINE, HOOK, PIVOT ¼ TURN LEFT ON RT, FT

1&2 LF on left side, RF near LF, LF left and hitch

3&4 RF on right side, LF near RF, RF right and hitch

4&6 RF behind LF, LF left, RF hooks LF

7&8 On RT, pivot on RT ¼ turn left, FT

CONCLUSION: START AT THE END OF LYRICS -- FLEX/STRETCH KNEES (RIGHT, LEFT)

1&2 Flex LK, Stretch LK

3&4 Flex RK, stretch RK

Do it again until the end of the music.

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