Drunk On a Friday Night

级数: Intermediate

编舞者: Joyce Plaskett (UK) - March 2015

音乐: Friday Night (Jeremy Wheatley Single Mix) - The Shires

Intro: 8 counts (No Tags Or Restarts!!)

拍数: 40

Section 1 – Step Forward, Toe Touch, Step Back, Heel Touch, Coaster Step, Shuffle Forward, Mambo Rock.	
1&	Step forward on right, touch left toe beside right.
~ ~	

- Step back on right, touch right heel forward. 2&
- 3&4 Step back on right, close left beside right, step forward on right.
- 5&6 Step forward on left, close right beside left, step forward on left.
- 7&8 Rock forward on right, recover weight onto left, close right beside left. (12 o'clock)

Section 2 – Run Back, Reverse ½ Pivot Right, Step Forward, ¼ Pivot Right, (Side Step, Toe Touch) x2.

- 1&2 Step back on left, step back on right, step back on left.
- 3-4 Touch right toe back, make a half turn right (taking weight on right).
- 5&6 Step forward on left, pivot a quarter turn right, cross left over right.
- 7& Step right to right side, touch left toe beside right.
- 8& Step left to left side, touch right toe beside left. (9 o'clock)

Section 3 – Shuffle Forward, Mambo Rock, Shuffle Back, ¼ Turn Left, Toe Touch, ¼ Turn Right With Sweep.

- 1&2 Step forward on right, close left beside right, step forward on right.
- 3&4 Rock forward on left, recover weight onto right, close left beside right.
- 5&6 Step back on right, close left beside right, step back on right.
- &7 Make a quarter turn left stepping left to left side, touch right toe to right side.
- 8 Make a quarter turn right taking weight onto right and sweeping left round from back to front. (9 o'clock)

Section 4 – Cross, Step Back, Hip Sways, (Side Rock, Cross) x2.

- 1& Cross left over right, step back on right.
- 2-4 Step left to left side swaying hips left, sway hips right, sway hips left.
- 5&6 Rock right to right side, recover weight onto left, cross right over left.
- 7&8 Rock left to left side, recover weight onto right, cross left over right.(9 o'clock)

Section 5 - (Side Step, Back Rock) x2, ¼ Turn Left, Back Rock, Triple Full Turn Right.

- 1 Step right to right side.
- 2& Rock back on left, recover weight onto right.
- 3 Step left to left side.
- 4& Rock back on right, recover weight onto left.
- 5 Make a quarter turn left stepping right to right side.
- 6& Rock back on left, recover weight onto right.
- 7&8 Make a full turn right travelling forward, stepping left, right, left.(6 o'clock)

Option: For dancers who do not wish to turn too much, counts 7&8 can be replaced with 3 runs forward left, right, left.

Ending: To end the dance facing the front you will be dancing section 3 when the music finishes, so on Section 3.

Count 8 Sweep Left from back to front turning a half turn right.

Enjoy!

Contact - E-Mail: joyce.plaskett1@btinternet.com





墙数: 2