

# Half Past Twelve (午夜12:30) (zh)

COPPER KNOB  
BY STEPHEN METZ

拍数: 64      墙数: 2      级数: Improver  
编舞者: Lesley Clark (SCO) - 2008年08月  
音乐: Gimme! Gimme! Gimme! - Mamma Mia



前奏 : 36 count intro from the heavy beat

## 第一段 Kick-Ball Cross X2, Rock, Recover, Cross Shuffle 踢交换交叉二次, 下沉回復, 交叉交换

- 1+2 Kick right foot forward, bring back in place, cross step left over right 右足前踢, 右足後踏, 左足於右足前交叉踏
- 3+4 Kick right foot forward, bring back in place, cross step left over right 右足前踢, 右足後踏, 左足於右足前交叉踏
- 5-6 Rock out to right side, recover on left  
右足右下沉, 左足回復
- 7+8 Cross step right over left, step left to left side, cross step right over left 右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

## 第二段 ¼, ¼, Cross Shuffle, Rock, Recover, Behind, Side, Cross 1/4, 1/4, 交叉交换, 下沉回復, 後旁交叉

- 1-2 ¼ turn right stepping back on left, ¼ turn right stepping right to right side 右轉90度左足後踏, 右轉90度右足右踏
- 3+4 Cross step left over right, step right to right side, cross step left over right 左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏
- 5-6 Rock out to right side, recover on left  
右足右下沉, 左足回復
- 7+8 Cross step right behind left, step left to left side, cross step right over left 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏

## 第三段 Kick-Ball Cross X2, Rock, Recover, Cross Shuffle 踢交换交叉二次, 下沉回復, 交叉交换

- 1+2 Kick left foot forward, bring back in place, cross step right over left 左足前踢, 左足後踏, 右足於左足前交叉踏
- 3+4 Kick left foot forward, bring back in place, cross step right over left 左足前踢, 左足後踏, 右足於左足前交叉踏
- 5-6 Rock out to left side, recover on right  
左足左下沉, 右足回復
- 7+8 Cross step left over right, step right to right side, cross step left over right 左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏

## 第四段 ¼ Turn, Step, Coaster Step, Walk, Walk, Shuffle Forward 轉1/4, 踏, 海岸步, 走, 走, 前交换

- 1-2 ¼ turn left stepping back on right foot, step left next to right  
左轉90度右足後踏, 左足併踏
- 3+4 Step back on right, step left next to right, step forward on right  
右足後踏, 左足併踏, 右足前踏
- 5-6 Walk forward left, right 走步-左, 右
- 7+8 Step forward left, step right next to left, step forward left  
左足前踏, 右足併踏, 左足前踏

## 第五段 Syncopated Rocks, Shuffle Back, Rock, Recover 變奏下沉, 後交换, 下沉回復

- 1-2+ Rock forward on right, recover on left, step right next to left  
右足前下沉, 左足回復, 右足併踏
- 3-4 Rock forward on left, recover on right  
左足前下沉, 右足回復
- 5+6 Step back on left, step right next to left, step back on left  
左足後踏, 右足併踏, 左足後踏
- 7-8 rock back on right, recover on left  
右足後下沉, 左足回復

**第六段 Kick-Ball Step, Step Pivot ½, Kick-Ball Step, Step Pivot ¼**  
**踢交換, 踏轉1/2, 踢交換, 踏轉1/4**

- 1+2 Kick right foot forward, bring back in place, step forward on left  
右足前踢, 右足後踏, 左足前踏
- 3-4 Step forward on right, ½ turn left (keep weight on left foot)  
右足前踏, 左轉180度(重心在左足)
- 5+6 Kick right foot forward, bring back in place, step forward on left  
右足前踢, 右足後踏, 左足前踏
- 7-8 Step forward on right, ¼ turn left (keep weight on left)  
右足前踏, 左轉90度(重心在左足)

**第七段 Jazz Box, Step Back X2, Cross Shuffle**  
**爵士方塊, 踏後二次, 交叉交換**

- 1-2 Cross step right over left, step left to left side  
右足於左足前交叉踏, 左足左踏
- 3-4 Step right to right side, cross step left over right  
右足右踏, 左足於右足前交叉踏
- 5-6 Step back on right, step back on left 右足後踏, 左足後踏
- 7+8 Cross step right over left, step left to left side, cross step right over left 右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

**第八段 Rock, Recover, Behind, Side, Cross, Step Pivot, Step Pivot**  
**下沉回復, 後, 側, 交叉, 踏轉, 踏轉**

- 1-2 Rock out left, recover on right 左足左下沉, 右足回復
- 3+4 Cross step left behind right, step right to right side, cross step left over right 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏
- 5-6 Step forward on right, pivot ½ turn left  
右足前踏, 左轉180度
- 7-8 Step forward on right, pivot ½ turn left  
右足前踏, 左轉180度

Tag: At the END of wall 2 ADD a right jazz box 第二面牆結束加右爵士方塊

- 1-2 Cross step right over left, step left to left side  
右足於左足前交叉踏, 左足左踏
- 3-4 Step right to right side, cross step left over right  
右足右踏, 左足於右足前交叉踏
-