

Plane To Birmingham

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Di Roods (AUS) - February 2015
音乐: The Birmingham Turnaround - Keith Whitley : (Album: RCA Country Legends
Keith Whitley - iTunes - 2:50)



#12 count intro. (weight on R) .. CW

RHUMBA FWD, RHUMBA BACK, COASTER STEP, QUICK PIVOT TURN

1 & 2 Step L to L side, step R together, step L fwd
3 & 4 Step R to R side, step L together, step R back
5 & 6 Coaster step: Step L back, step R together, step L fwd
7 & 8 Step R fwd, pivot ½ L taking weight on L, step R fwd (6.00)

SHUFFLE FWD, QUICK PIVOT TURN, FWD COASTER, BACK COASTER

1 & 2 Shuffle fwd: L,R,L
3 & 4 Step R fwd, pivot ½ L taking weight on L, step R fwd
5 & 6 Fwd Coaster step: step L fwd, step R together, step L back
7 & 8 Back Coaster step: step R back, step L together, step R fwd ***□ (12.00)

TOE & TOE, SAILOR, ¼ TURN SAILOR, HEEL & HEEL

1 & 2 Touch L toe to L side, step L together, touch R toe to R side
3 & 4 Sailor : step R behind L, step L to L side, step R to R side
5 & 6 Sailor step turning ¼ L : step L behind R, step R to R side, step L to L side
7 & 8 Touch R heel fwd, step R together, touch L heel fwd, (9.00)

HIP – HIP – HIP, HIP – HIP – HIP - FWD, ROCK, ½ SHUFFLE FWD

& 1 & 2 step on L, step R fwd push hips: fwd-back-fwd
3 & 4 Step L fwd push hips: fwd-back-fwd
5, 6 Step R fwd, rock back on L
7 & 8 Shuffle fwd: R, L, R□ (3.00)
32 RESTART DANCE IN NEW DIRECTION

TAGS: at the end of wall 3 (9.00) & 6 (3.00) add the following

1, 2, 3, 4 Hip bumps – L, R, L, R

RESTART : at the end of wall 5*** dance to count 16, then restart dance facing front

ENDING : wall 8 -- to end dance facing front -- change count 23 & 24 to touch R heel fwd, --¼ L turn step R together, touch L heel fwd.

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