

Flying Home

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Gaye Teather (UK) & Adrian Helliker (FR) - February 2015
音乐: Home To Aherlow - Nathan Carter : (CD: Time Of My Life. Dance written as)



#16 count intro - Dance rotates in CW direction

Right toe touches out-in-out. Behind-side-cross. Left toe touches out-in-out. Coaster quarter turn Left

1&2 Touch Right toe to Right side. Touch Right beside Left. Touch Right toe to Right side
3&4 Cross Right behind Left. Step Left to Left side. Cross Right over Left
5&6 Touch Left toe to Left side. Touch Left beside Right. Touch Left toe to Left side
7&8 Quarter turn Left stepping back on Left. Step Right beside Left. Step forward on Left (Facing 9 o'clock)

Right forward Mambo. Half turn Left x 2 (with claps). Back rock & quarter turn Right. Back rock & touch

1&2 Rock forward on Right. Recover onto Left. Step back on Right
3& Half turn Left stepping forward on Left. Clap
4& Half turn Left stepping back on Right. Clap
5&6 Rock back on Left. Recover onto Right. Quarter turn Right stepping back on Left (Facing 12 o'clock)
7&8 Rock back on Right. Recover onto Left. Touch Right beside Left

(Note: Non-turning option for counts 3&4&: Back Left. Clap. Back Right. Clap)

*Restart from the beginning at this point during wall 5 (You will be facing 12 o'clock)

Modified Rumba box with quarter turn Left. Right forward Mambo. Left Coaster step

1&2 Step Right to Right side Step Left beside Right. Step forward on Right
3&4 Step Left to Left side. Step Right beside Left. Quarter turn Left stepping forward on Left (Facing 9 o'clock)
5&6 Rock forward on Right. Recover onto Left. Step back on Right
7&8 Step back on Left. Step Right beside Left. Step forward on Left

Forward lock step. Step. Pivot half turn Right. Step. Walk. Clap. Walk. Clap. Right Kick-ball-cross

1&2 Step forward on Right. Lock Left behind Right. Step forward on Right
3&4 Step forward on Left. Pivot half turn Right. Step forward on Left (Facing 3 o'clock)
5& Step forward on Right. Clap
6& Step forward on Left. Clap
7&8 Kick Right foot forward. Step Right beside Left. Cross Left over Right

Start again
