

Slow Jive

拍数: 32 墙数: 2 级数: Improver
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音乐: Paul James Band - Slow Jive



Section 1: Shuffle Right, Rock Step, ¼ Shuffle Left, ¼ Pivot Turn Right, Cross Shuffle, ¼ Turn Step, Step, ¼ Turn Cross Shuffle, Rock Step

1&2 Step LF to the left side, Step RF next to LF, Step LF to the left side
3-4 Cross RF over LF, Recover to the LF
5&6 Step RF to the right side, Step LF next to RF making a ¼ turn to right, Step RF forward
(03:00 o'clock)
7-8 Step LF forward, Make a ¼ turn to right, weight to the RF(06:00 o'clock)

Section 2: Cross Shuffle Right, Step R, Step L, Cross Shuffle Left, Side Rock Step

1&2 Cross LF over RF, Step RF to the side, Cross LF over RF
3-4 Make a ¼ turn right Stepping RF forward, Step LF forward(09:00 o'clock)
5&6 Make a ¼ turn right Crossing RF over LF, Step RF to the left side, Cross LF over RF(12:00
o'clock)
7-8 Step LF to the left side, Recover to the RF

Section 3: ¼ Sailor Step, Rock Step, Triple Full Turn, Rock Step

1&2 Step LF behind RF, Step RF together, Make a ¼ turn left stepping LF forward(09:00 o'clock)
3-4 Step RF forward, Recover to the LF
5&6 Make a full turn right stepping RLR
7-8 Step LF forward, Recover to the RF

Section 4: ¼ Turn Left Toe Strut, Toe Struts, Cross Shuffle Left

1-2 Toe strut LF back turning ¼ to the left(06:00 o'clock)
3-4 Cross Toe Strut RF over LF
5-6 Toe Strut LF to the left side
7&8 Cross RF over LF, Step LF to the left side, Cross RF over LF

Enjoy!

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